

# NOVENA FOR THE PROTECTION OF HUMAN LIFE

## AUGUST 3 – SEPTEMBER 28

### WEEK 1: FRIDAY, AUGUST 3

**PRAYER INTENTION:** May a change in the U.S. Supreme Court move our nation closer to the day when every human being is protected in law and welcomed in life.

*Our Father..., Hail Mary..., Glory Be...*

**FAST:** Offer a sacrifice for the intention.

**LEARN: *Roe* and *Doe* legalized abortion through all nine months of pregnancy.**

Many people don't realize that *Roe v. Wade* legalized abortion through all nine months of pregnancy. *Roe* says abortions may not be restricted at all during the first three months and in the second three months may be regulated only for the mother's health.<sup>1</sup> After "viability"<sup>2</sup> *Roe* allows abortion to be prohibited but must make an exception for the woman's life or health.

But in *Roe*'s companion case, *Doe v. Bolton*, the Court defined "health" to include "all factors—physical, emotional, psychological, familial, and the woman's age—relevant to the well-being" of the mother.<sup>4</sup> In most states, that is broad enough to permit virtually any abortion in the seventh, eighth, or ninth months of pregnancy<sup>5</sup> if any of these reasons is invoked.<sup>6</sup>

<sup>1</sup> In the first trimester, "the abortion decision ... must be left to the medical judgment of the pregnant woman's attending physician." In the second trimester, the State may "regulate the abortion procedure in ways that are reasonably related to maternal health." *Roe v. Wade*, 410 U.S. 113, 164 (1973).

<sup>2</sup> "[T]hat is, potentially able to live outside the mother's womb, albeit with artificial aid." *Roe*, 410 U.S., at 160.

<sup>3</sup> After viability, the State may "proscribe" abortion "except where it is necessary, in appropriate medical judgment, for the preservation of the life or health of the mother." *Roe*, 410 U.S., at 164-65.

<sup>4</sup> *Doe v. Bolton*, 410 U.S. 179, 192 (1973). The "*Doe v. Bolton* ... opinion and this one, of course, are to be read together." *Roe*, 410 U.S., at 165.

<sup>5</sup> In *Planned Parenthood v. Casey*, the Court abandoned the trimester framework but reaffirmed the legality of abortion "subsequent to viability" for the "preservation of the ... health of the mother." 505 U.S. 833, 879 (1992).

<sup>6</sup> The Supreme Court, however, has yet to be confronted with a challenge to a post-viability ban that will test *Doe*'s breadth. Indeed, 20 states currently ban late-term abortions subject to a narrow exception for the mother's life or physical health (not for emotional, psychological, familial, or age-related reasons). Most of these laws have gone unchallenged, but they are hard to enforce even if they are constitutionally permissible.

### WEEK 2: FRIDAY, AUGUST 10

**PRAYER INTENTION:** May a change in the U.S. Supreme Court move our nation closer to the day when every human being is protected in law and welcomed in life.

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**FAST:** Offer a sacrifice for the intention.

**LEARN: If *Roe* is overturned, the democratic process—not the courts—will determine abortion policy.**

If *Roe* is overturned, abortion policy will be decided through the democratic process in each state. Before *Roe*, all states permitted abortion if necessary to save the mother's life, and some permitted abortion in additional circumstances.<sup>1</sup> But *Roe* deemed any prohibition on abortion as unconstitutional

If *Roe* is overturned, policy decisions about abortion will be made by the citizens of each state through

the democratic process, rather than by courts. Some states will place limits on abortion, in others there will likely be few limits.<sup>2</sup>

Not until *Roe v. Wade* is reversed will the people again be able to govern themselves on the important public policy issue of abortion.

<sup>1</sup> Paul Benjamin Linton, "*Planned Parenthood v. Casey*: The Flight from Reason in the Supreme Court," 13 St. Louis University Public Law Review 15, 24-26 (1993).

<sup>2</sup> "Letting Go of *Roe*," The Atlantic Monthly, January/February 2005, 48.

### **WEEK 3: FRIDAY, AUGUST 17**

**PRAYER INTENTION:** May a change in the U.S. Supreme Court move our nation closer to the day when every human being is protected in law and welcomed in life.

*Our Father..., Hail Mary..., Glory Be...*

**FAST:** Offer a sacrifice for the intention.

**LEARN: Abortion is not health care.**

Abortion advocates speak as if abortion is health care, a procedure that is morally and emotionally equivalent to surgically removing one's tonsils or appendix. It is often conveyed as so morally neutral that only a few religious outliers find it objectionable. Yet in reality, the vast majority, over 85%, of OB/GYNs, coming from many faiths or no faith refuse to be associated with or perform an abortion.<sup>1</sup> In addition, according to the pro-abortion Guttmacher Institute, 86% of hospitals were not involved in abortion.<sup>2</sup> Finally, even *Roe* acknowledges that abortion is unlike other procedures performed by a health professional and that unborn children deserve some protection.<sup>3</sup> Abortion is not health care and we do a disservice to women and health care providers to pretend it is.

<sup>1</sup> Stulberg, Debra B., et al, "Abortion Provision Among Practicing Obstetrician-Gynecologists," *Obstetrics and Gynecology*, 118(3): 609-614, September 2011

[https://journals.lww.com/greenjournal/Fulltext/2011/09000/Abortion\\_Provision\\_Among\\_Practicing.16.aspx](https://journals.lww.com/greenjournal/Fulltext/2011/09000/Abortion_Provision_Among_Practicing.16.aspx)

<sup>2</sup> Henshaw, Stanley K, "Abortion Incidence and Services in the United States, 1995-1996," 30 *Perspectives on Sexual & Reproductive Health* 263-70 (Nov./Dec. 1998), <https://www.guttmacher.org/journals/psrh/1998/11/abortion-incidence-and-services-united-states-1995-1996>.

<sup>3</sup> *Roe v Wade*, 410 U.S. 113, 155 (1973) (emphasis added): "[T]he right of privacy, however based, is broad enough to cover the abortion decision; that *the right, nonetheless, is not absolute and is subject to some limitations; and that at some point the state interests as to protection of health, medical standards, and prenatal life, become dominant.*" And again (p. 159) (emphasis added): "The pregnant woman cannot be isolated in her privacy. She carries an embryo and, later, a fetus... *The situation therefore is inherently different* from [other situations where the Court has recognized a constitutional right of privacy, such as] marital intimacy, or bedroom possession of obscene material, or marriage, or procreation, or education...."

### **WEEK 4: FRIDAY, AUGUST 24**

**PRAYER INTENTION:** May a change in the U.S. Supreme Court move our nation closer to the day when every human being is protected in law and welcomed in life.

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**LEARN: *Roe's* extreme abortion license is not widely supported.**

Abortion advocates claim that *Roe* enjoys broad public support and some recent polls seem to provide

evidence for this claim. But most polls don't explain *Roe's* extreme abortion license and some misrepresent it. For example, a 2016 Pew Research Center poll claims 69% of Americans favor *Roe v. Wade* and 28% oppose it.<sup>1</sup> But the poll wrongly describes *Roe* as establishing "a woman's constitutional right to an abortion, at least in the first three months of pregnancy." The fact is, *Roe* made abortion legal through all 9 months of pregnancy and for virtually any reason.<sup>2</sup>

The vast majority of Americans oppose the policy of nearly unlimited abortion dictated by *Roe*, and most believe abortion should not be legal for the reasons it is most often performed. A June 2018 Gallup poll shows that 72% of Americans said abortion should be illegal in the second trimester and 87% said abortion should be illegal in the last trimester.<sup>3</sup> A 2018 Marist poll shows that 51% of women said abortion should never be permitted (9%) or permitted only in cases of rape, incest, and to save the woman's life (42%).<sup>4</sup>

So why do polls show a majority of Americans favoring *Roe v. Wade*? Because they don't really know what *Roe* did.

<sup>1</sup> Pew Research Center poll, November 30-December 5, 2016.

<sup>2</sup> See supra notes i-v.

<sup>3</sup> Gallup Poll, June 2018.

<sup>4</sup> Marist Poll, January 2018.

## **WEEK 5: FRIDAY, AUGUST 31**

**PRAYER INTENTION:** May a change in the U.S. Supreme Court move our nation closer to the day when every human being is protected in law and welcomed in life.

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**LEARN: *Roe* is bad Constitutional law.**

Even legal experts who support abortion believe *Roe* is not well-reasoned and is a case of extreme judicial overreach.

- The late Yale Law Professor John Hart Ely said, *Roe v Wade* is "a very bad decision...because it is not constitutional law and gives almost no sense of an obligation to try to be."<sup>1</sup>
- Attorney Edward Lazarus, former law clerk to *Roe's* author, Justice Blackmun, put it this way: "As a matter of constitutional interpretation and judicial method, *Roe* borders on the indefensible... [It is] one of the most intellectually suspect constitutional decisions of the modern era."<sup>2</sup>
- Harvard Law Professor Lawrence Tribe criticized *Roe* saying, "behind its own verbal smokescreen, the substantive judgment on which it rests is nowhere to be found."<sup>3</sup>
- Justice Sandra Day O'Connor said, "The Court's abortion decisions have already worked a major distortion in the Court's Constitutional jurisprudence...no legal rule or doctrine is safe from ad hoc nullification by this Court."<sup>4</sup>
- And then-Circuit Judge (now Justice) Ruth Bader Ginsburg said *Roe* "ventured too far in the change it ordered and presented an incomplete justification for its action."<sup>5</sup>

- When experts on both sides of the abortion debate agree that *Roe* is bad law, reversing it makes good legal sense and would return abortion policy back to the people to be decided through the democratic process.

<sup>1</sup> "The Wages of Crying Wolf: A Comment on *Roe v. Wade*," 82 *Yale L. J.* 920, 947 (Apr. 1973),

<https://pdfs.semanticscholar.org/57de/57a09824f1bdca05e47c898a46e717618d23.pdf>.

<sup>2</sup> "The Lingering Problems with *Roe v. Wade*, and Why the Recent Senate Hearings on Michael McConnell's

Nomination Only Underlined Them," *FindLaw* (Oct. 3, 2002), <https://supreme.findlaw.com/legal-commentary/the-lingering-problems-with-roe-v-wade-and-why-the-recent-senate-hearings-on-michael-mcconnells-nomination-only-underlined-them.html>.

<sup>3</sup> "Foreword: Toward a Model of Roles in the Due Process of Life and Law," 87 *Harv. L. Rev.* 1, 7 (Nov. 1973).

<sup>4</sup> *Thornburgh v. American College of Obstetricians and Gynecologists*, 476 U.S. 747, 814 (1986) (O'Connor, J., dissenting)

<sup>5</sup> "Some Thoughts on Autonomy and Equality in Relation to *Roe v. Wade*," 63 *N.C. L. Rev.* 375, 376 (Jan. 1985).

## WEEK 6: FRIDAY, AUGUST SEPTEMBER 7

**PRAY INTENTION:** May a change in the U.S. Supreme Court move our nation closer to the day when every human being is protected in law and welcomed in life.

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**FAST:** Offer a sacrifice for the intention.

**LEARN: Pro-life laws can and do reduce the abortion rate.**

Most people on both sides of the abortion debate agree that reducing the number of abortions is a desirable outcome. While some argue that contraception is the key to reducing the abortion rate, real-world evidence does not back that up. Instead, research shows that even when women were provided with free "emergency contraception" ahead of time, the pregnancy and abortion rate remained statistically equivalent with those who were not provided with it.<sup>1</sup> In fact, the availability of contraception and abortion can increase the rate of unintended pregnancies (as well as sexually transmitted infections) as studies show that people engage in more frequent and riskier behavior if they believe their risk has been lowered.<sup>2</sup> On the other hand, evidence suggests that laws restricting the funding of abortion (like the Hyde amendment preventing Medicaid funds from going to abortion) or limiting its availability, involving parents, and providing women with more information lower the rate of abortion.<sup>3</sup> Unfortunately, *Roe*, its companion case *Doe*, and some subsequent rulings have been used to invalidate many laws meant to lower the rate of abortion.

<sup>1</sup> USCCB, "Fact Sheet: Emergency Contraception Fails to Reduce Unintended Pregnancy and Abortion" (June 5, 2014) (citing authority), <http://www.usccb.org/issues-and-action/human-life-and-dignity/contraception/fact-sheets/emergency-contraception-fails-to-reduce-unintended-pregnancy-abortion.cfm>.

<sup>2</sup> For more information, see USCCB fact sheets: <http://www.usccb.org/issues-and-action/human-life-and-dignity/contraception/fact-sheets/upload/contrafactsheet.pdf> and <http://www.usccb.org/issues-and-action/human-life-and-dignity/contraception/fact-sheets/greater-access-to-contraception-does-not-reduce-abortion.cfm>

<sup>3</sup> New, Michael J Analyzing the Effect of Anti-Abortion US State Legislation in the Post-Casey Era. *State Politics and Policy Quarterly*, Feb 11, 2011. <http://journals.sagepub.com/doi/abs/10.1177/1532440010387397>

## WEEK 7: FRIDAY, SEPTEMBER 14

**PRAYR INTENTION:**

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**LEARN: Abortion fails women.**

Abortion is often portrayed as essential for women to achieve freedom and equality with men, yet many report feeling some degree of pressure or aborting to please someone else—often their partner.<sup>1</sup> Further, after the abortion, many women report feelings of depression, suicidal or self-harm inclinations, sadness, shame, and regret.<sup>2</sup> For example, Cynthia Carney in an amicus brief submitted to the Supreme Court described the aftermath of her abortion saying, "For 23 years, I went into crying spells, depression, suicidal thoughts. Emotionally it devastated me." Camelia Murphy explained, "I have suffered with low self-esteem, self-hatred, suicidal impulses, constant anxiety (especially about sex and about making decisions)." Donna Razin said that her abortion caused her "[d]eep regret – initially I was suicidal – as the years have progressed I have developed a heightened level of bitterness and anger and self-hate."<sup>3</sup> Women would be better served if society tried to creatively answer the needs of single mothers, mothers trying to get through school, mothers needing higher or more stable finances, etc. rather than telling them that the death of their children is the best answer. We can and should do better for all women.

<sup>1</sup> Coleman, Priscilla, et al, "Women Who Suffered Emotionally from Abortion: A Qualitative Synthesis of Their Experiences" *Journal of American Physicians and Surgeons* Volume 22 Number 4 Winter 2017, <http://www.jpands.org/vol22no4/coleman.pdf>

<sup>2</sup> Brief of Sandra Cano, the former "Mary Doe" of *Doe v. Bolton*, and 180 women injured by abortion as Amici Curiae in support of Petitioner. *Gonzales v. Carhart*, 550 U.S. 124 (2007) (Nos. 05-380, 05-1382), <http://thejusticefoundation.org/wp-content/uploads/2011/10/Gonzales-v.-Carhart-Amicus-Brief-Excerpts.pdf>.

<sup>3</sup> Brief of Sandra Cano, the former "Mary Doe" of *Doe v. Bolton*, and 180 women injured by abortion as Amici Curiae in support of Petitioner. *Gonzales v. Carhart*, 550 U.S. 124 (2007) (Nos. 05-380, 05-1382), <http://thejusticefoundation.org/wp-content/uploads/2011/10/Gonzales-v.-Carhart-Amicus-Brief-Excerpts.pdf>.

## **WEEK 8: FRIDAY, SEPTEMBER 21**

**PRAYER INTENTION:** May a change in the U.S. Supreme Court move our nation closer to the day when every human being is protected in law and welcomed in life.

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**LEARN: Abortion stops a beating heart.**

Abortion advocates usually refer to the human being growing in her/his mother's womb in dehumanizing terms like "product of conception" and suggest that most abortions are done before fetal organs are functioning.

Actually, the vast majority are done after the fetal heart has begun beating. A baby's heart begins to beat at about 21 or 22 days after fertilization.<sup>1</sup> That's at about 3 weeks of development. The vast majority of abortions in the United States are done well after this point.<sup>2</sup>

<sup>1</sup> Keith L. Moore and T.V.N. Persaud, *The Developing Human: Clinically Oriented Embryology*, 7th edition: Philadelphia: W.B. Saunders Co., 2003, at 330.

<sup>2</sup> 60% are done after the 6th week of "gestational age" counting from the last menstrual period, or the 4th week of development. Jatlaoui TC, Shah J, Mandel MG, et al. Abortion Surveillance—United States, 2014. *MMWR Surveill Summ* 2017; 66(No. SS-24):1-48.

## **WEEK 9: FRIDAY, SEPTEMBER 28**

**PRAYER INTENTION:** May a change in the U.S. Supreme Court move our nation closer to the day when every human being is protected in law and welcomed in life.

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**LEARN: The chief strategist for legalizing abortion lied about deaths from illegal abortion.**

Claims that thousands of women were dying from illegal abortions at the time of Roe were fabricated for political purposes. The late Dr. Bernard Nathanson, a chief strategist for legalizing abortion, said he and his associates invented the "nice, round shocking figure" of "5,000 to 10,000 deaths a year" from illegal abortions:

*I confess that I knew the figures were totally false, and I suppose the others did too if they stopped to think of it. But in the "morality" of our revolution, it was a useful figure, widely accepted, so why go out of our way to correct it with honest statistics?<sup>1</sup>*

Research confirms that the actual number of maternal deaths resulting from abortion in the 25 years prior to 1973 averaged 250 a year, with a high of 388 in 1948.<sup>2</sup> In 1966, before the first state legalized abortion, 120 mothers died from abortion.<sup>3</sup> While any death is a tragedy, by 1972, when abortion was still illegal in 80 percent of the country, the number dropped to 39 maternal deaths from abortion.<sup>4</sup> Furthermore, a groundbreaking 2012 study of abortion in Chile published in a peer-reviewed scientific journal found that Chile's abortion prohibition in 1989 did not cause an increase in the maternal mortality rate (MMR). On the contrary, after abortion was prohibited, the MMR decreased by 69.2% in the following fourteen years.<sup>5</sup>

<sup>1</sup> Bernard Nathanson, *Aborting America* (New York: Doubleday, 1979), 193.

<sup>2</sup> *Ibid.*, 42.

<sup>3</sup> U.S. Bureau of Vital Statistics.

<sup>4</sup> *Ibid.*

<sup>5</sup> Koch, E. (2012). Women's education level, maternal health facilities, abortion legislation and maternal deaths: a natural experiment in Chile from 1957 to 2007. *PLOS One*, Volume 7 (Issue 5).

<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0036613>