

Religious Education Standards

General Standards for Grade 8

Draft – Summer 2017

August 1, 2017

Dear Catechist,

Three years ago, Bishop Folda requested that a committee be formed to evaluate and update standards for our Catholic schools and parish Religious Education programs. The result of this committee's work are standards for Kindergarten through eighth grade. At this time, the standards are drafts and will be a working document in the 2017-2018 school year.

There are two formats of the standards for each grade:

1. **General Standards:** This is a "master list" of all the aspects of the Faith which should be covered in each specific grade. Each grade is divided into the four pillars of the *Catechism of the Catholic Church*: Profession of Faith, Sacraments, Moral Life and Prayer.
2. **Standards Corresponding to Textbook:** This document shows where the General Standards are covered in the textbook. It lists each chapter of the textbook. This document will be more useful for teaching.

The standards were also used as part of the selection process of the textbook that was recommended to Bishop Folda.

The committee also suggested that the standards be a working tool for catechists, that is, not only insuring that the essential elements of the Faith are presented, but also as a way for catechists to share ideas with one another. The web page www.fargodiocese.org/curriculum has been created for this purpose. At the bottom of the page is the form "Submit an Activity or Idea". I encourage you to submit something to share with other catechists. Perhaps you have a great craft that works well with a lesson or some other activity that engages the children while helping to solidify what they just learned. I will use your ideas to build the sections in the standards entitled "Mission and Community" and "Teacher Notes". I will create links in these areas so that catechists will be able to see activities that others have submitted.

Finally, because the standards are a working document this year, I would like your feedback on how well they work in the classroom. Please send feedback to me, Mary Hanbury, 5201 Bishops Blvd, Suite A, Fargo, ND 58104 or email mary.hanbury@fargodiocese.org.

My hope is that these documents will be a great resource for you.

Peace in Christ,

Mary Hanbury
Director of Catechesis

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
How can we know God exists?	<p>PF 8.1 God can be known</p> <ul style="list-style-type: none"> a. Understand we can be certain of God’s existence by natural reason b. Understand we need Divine Revelation to know God’s plan for salvation c. Know Jesus shows us the Father d. Understand how Sacred Tradition transmits the truth to us about God’s existence 	<p>CCC 31-35; 46, 50,</p> <p>CCC 50</p> <p>CCC 80-84</p> <p>CCC 74-79</p>		
Why did Jesus establish a Church?	<p>PF 8.2 Jesus Christ established the Church to carry on his mission</p> <ul style="list-style-type: none"> a. Understand there is one true Church established by Jesus who placed Peter as the head b. Understand all Christian denominations are part of the People of God to some degree, each has some element of truth, and are linked to the Catholic Church at some level c. Recognize the Church developed through three historical phases: <ul style="list-style-type: none"> 1. Old Covenant: Abraham to the last prophet of the Old Testament 2. New Covenant: Life of Jesus (Annunciation to Ascension of Jesus) 3. Manifestation of the Church in the world (Pentecost to present day) d. Recognize some of the major events in the history of the Church (e.g. martyrs, development of monasteries, schism, councils, crusades, the Reformation, the modern world) e. Know Jesus entrusted to the Apostles the Deposit of Faith-the truths he wanted handed down to all generations f. Know Jesus gave the Church the mission to make disciples of all nations by baptizing and teaching them what he commanded 	<p>CCC-813-16, 870</p> <p>CCC 882</p> <p>CCC 839-848</p> <p>CCC 759</p> <p>CCC 761</p> <p>CCC 763</p> <p>CCC 767-769</p> <p>CCC 84</p> <p>CCC 1226,1257</p>		

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How can we recognize the Catholic Church as the church established by Jesus?	<p>g. Understand the Catholic Church has four marks, or characteristics, of authenticity: The Church is One, Holy, Catholic, and Apostolic</p> <ol style="list-style-type: none"> 1. ONE: Is one in its unity of belief as expressed in the Creeds and doctrine; in the unity of governance between the pope and the bishops; in its unity of moral teachings and in its liturgical life 2. HOLY: In Jesus her founder; in her sacraments; in her members who open themselves up to God’s grace. The Church is holy in the Holy Spirit who guides and protects the Church; 3. CATHOLIC: The Church is catholic or universal in that it is for all people of all places in all times; in the fullness of truth that she teaches and professes 4. APOSTOLIC: The Church is Apostolic in that her origins are in the Apostles and their successors, the bishops, still lead and guide the Church, and in her mission to “go baptize and teach all nations” 	<p>CCC 811</p> <p>CCC 813-822</p> <p>CCC 823-829</p> <p>CCC 830-852</p> <p>CCC 857-865</p>		
How is the Holy Spirit’s mission fulfilled in the Church?	<p>PF 8.3 The Holy Spirit guides the Church on earth</p> <ol style="list-style-type: none"> a. Know the Holy Spirit guides and sanctifies the Church as a whole b. Understand the Holy Spirit guides each individual member of the Church c. Know the Church was revealed by the Holy Spirit on Pentecost d. Understand Sacred Scripture and Tradition are guided by the Holy Spirit e. Know Sacred Scripture is the Word of God as written down by men under the inspiration of the Holy Spirit 	<p>CCC 739,767, 797</p> <p>CCC 767</p> <p>CCC 81</p>		

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How is Church doctrine protected from error?	<p>PF 8.4 The Pope, the vicar of Christ on earth, is given the gift of infallibility; the ability to teach in the areas of faith and morals without error</p> <ol style="list-style-type: none"> a. Understand Jesus is the head of the Church; the Church has a structure: leader, assistant leaders, members, rules, and organization b. Know a vicar is a representative of the one in authority c. Know Jesus made Peter his vicar on earth; the pope is the successor of Peter and vicar of Christ d. Know Jesus gave the Apostles the full authority to bind and loose (forgive sins) e. Understand the Apostles appointed, with the guidance of the Holy Spirit, men (bishops) to take their places (apostolic succession) f. Understand there are four conditions necessary for a pope to teach infallibly when defining doctrine, for example, the Immaculate Conception of Mary and the Assumption of Mary: <ol style="list-style-type: none"> 1. He must be teaching on faith or morals 2. He must be speaking ex-cathedra (as Pope, from the chair of authority) 3. He must intend his teaching for the entire Church (universal) 4. The doctrine must be unchangeable 	<p>CCC 888-892</p> <p>CCC 880-887,</p> <p>CCC 881</p> <p>CCC 553</p> <p>CCC 77</p> <p>CCC 2035, Appendix: <i>Alive in Christ</i>, on timeline</p>		
What is our understanding of Mary?	<p>PF 8.5 Our beliefs about Mary are based on what we believe about Jesus</p> <ol style="list-style-type: none"> a. Understand how Mary is the new Eve b. Understand how Mary is the new Ark of the Covenant c. Understand how Mary is our Mother because we are members of Christ's Mystical Body, the Church d. Know Mary was conceived free from Original Sin e. Know Mary was perpetually a virgin; before the conception of Jesus, during his birth, and after his birth 	<p>CCC 487</p> <p>CCC 975</p> <p>CCC 697</p> <p>Luke 1:34-35</p> <p>Mt. 1: 18-20</p> <p>Luke 1: 48</p> <p>CCC 490-507</p>		

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	f. Know the Assumption is when Mary's life on earth came to an end, she was assumed body and soul into heaven	CCC 966		
How do images of the Church and Jesus in Sacred Scripture help us understand their relationship?	<p>PF 8.6 Sacred Scripture gives us images of Christ's relationship to the Church</p> <p>a. Know there are metaphors found in Sacred Scripture that teach us about Jesus' relationship to the Church:</p> <ol style="list-style-type: none"> 1. Mystical Body of Christ (1 Corinthians 12:27) 2. Bridegroom and Bride (Ephesians 5:25; Revelation 21:1-9, 22:17) 3. Shepherd and sheepfold (John 10:1-18) <p>b. Know what these metaphors teach us about Jesus' relationship to the Church</p>	<p>CCC 781-798,</p> <p>CCC 791 CCC 796</p> <p>CCC 754</p>		
How does the family serve as the "domestic church?"	<p>PF 8.7 The family is the domestic church</p> <p>a. Understand the family first introduces us to God</p> <p>b. Understand that in the family we learn how to pray</p> <p>c. Know the family teaches us how to serve others and contribute to the common good</p> <p>d. Know that in the family we learn to be good stewards of our gifts</p>	<p>CCC-1655-1658</p> <p>CCC 2202, 2204-2212</p>		
What is the Communion of Saints?	<p>PF 8.8 The Communion of Saints include: those in Heaven, those in Purgatory, and the baptized on earth</p> <p>a. Understand those who are in heaven triumph over sin and death</p> <p>b. Understand those in Purgatory are being purified of their sins</p> <p>c. Understand the baptized here on earth continue the struggle</p> <p>d. Know the Church celebrates the lives of the saints in heaven</p> <p>e. Know the souls in Purgatory are guaranteed heaven</p> <p>f. Know the baptized on earth are on their journey to heaven</p>	<p>CCC 954-959</p> <p>CCC 1023-1029 CCC 1030-1032</p> <p>CCC 1173</p>		

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By what means does the Church help her members grow in holiness?	<p>S 8.1 The Sacraments are given by Christ to his Church</p> <ul style="list-style-type: none"> a. Understand the sacraments impart graces b. Know the seven sacraments are to free us from sin, to help us grow in holiness, to build the Body of Christ, and to worship him fully c. Understand the sacraments are conferred through a liturgical celebration d. Understand a sacrament is effective of itself, however, to be fruitful it must be accepted in faith (disposition) e. Know the sacraments are efficacious (produced the desired effect of the sacraments to actually take place) 	<p>CCC 1115,1118</p> <p>CCC 1116,1129 CCC 1122-1129</p> <p>CCC 1124</p> <p>CCC 1128 CCC 1127</p>		
How do the Sacraments of Service enable us to live the Church's mission?	<p>S 8.2 God in His love and mercy, through the Sacraments of Service, calls Christians to serve or help in the salvation of others</p> <ul style="list-style-type: none"> a. Know Holy Orders is a sacrament by which a man is configured to Christ and is given the power to continue the apostolic ministry as a Bishop, priest, or deacon (Apostolic is the unbroken chain of Bishops from the Apostles to the present day) <ul style="list-style-type: none"> 1. Understand the elements of the Rite of Ordination: <ul style="list-style-type: none"> a) Sign of the Sacrament of Holy Orders which is the Matter: baptized man; form: laying of hands, and prayer of ordination by the Bishop b) Minister: Bishop 2. Understand the effects of the Sacrament of Holy Orders: <ul style="list-style-type: none"> a) Indelible mark on the soul of the man being ordained b) Grace of the Holy Spirit configures the man to Christ and gives the power to administer the sacraments 	<p>CCC 1534</p> <p>CCC 1536</p> <p>CCC 1573, 1576</p> <p>CCC 1581-1589</p>		

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	<p>3. Know there are three degrees of Holy Orders:</p> <ol style="list-style-type: none"> a) The order of Bishop b) The order of Priest c) The order of Deacon <p>b. Know the Sacrament of Matrimony is a covenant between a baptized man and a baptized woman who are united in Christ for the good of one another and the procreation and education of children</p> <ol style="list-style-type: none"> 1. Know the characteristics of a sacramental marriage must be: of free consent, life-long exclusive union, openness to children 2. Know the elements of the rite of marriage in the Latin (Western Church): <ol style="list-style-type: none"> a) Matter: Baptized man and baptized woman b) Form: The exchange of consent c) Minister: Baptized man and baptized woman expressing their consent before the Church 3. Know the effects of the Sacrament of Marriage: <ol style="list-style-type: none"> a) The man and woman become one flesh b) The union of man and woman in matrimony is indissoluble (ends with death) 4. Receive the graces necessary to be faithful to one another and to be good parents 	<p>CCC 1554</p> <p>CCC 1601</p> <p>CCC 1627,1664</p> <p>CCC 1625</p> <p>CCC 1623</p> <p>CCC 1638-1642</p>		
How are we drawn into the life of Christ?	<p>S 8.3 The liturgical life of the Church is a participation in the Paschal Mystery of Christ</p> <ol style="list-style-type: none"> a. Know when we celebrate the liturgy we encounter Christ b. Know liturgy means the work of Christ on behalf of the Church c. Know the most important liturgy is the celebration of the Eucharist (Mass) d. Know that Exposition and Benediction of the Holy Eucharist is an extension of the Mass 	<p>CCC 1076</p> <p>CCC 1085</p> <p>YOUCAT 169</p> <p>CCC 1113</p> <p>CCC 1368</p>		

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	<p>e. Begin to understand Liturgy of the Hours:</p> <ol style="list-style-type: none"> 1. Liturgy of the Hours is prayed throughout the day to make the day holy 2. All priests and religious make a promise or vow to pray the Liturgy of the Hours daily 3. The book that clergy and religious pray is called the Breviary, also known as Liturgy of the Hours or the Divine Office 	<p>CCC 1174-1178 YOUCAT 188</p>		
<p>Why do we need Church buildings?</p>	<p>S 8.4 Our visible church is a holy place where we are invited to gather</p> <ol style="list-style-type: none"> a. Know the church is the house of “all” God’s children, open and welcoming b. Understand worship is not tied exclusively to any place because Christ is the true temple of God c. Understand the church building is designed to help us cross the threshold from a world wounded by sin into union with God d. Know the beauty of church buildings directs our attention to the beauty, greatness, and the love of God 	<p>CCC 1179-1181</p> <p>YOUCAT 189-190</p> <p>CCC 1186</p>		
<p>How is the Church year organized?</p>	<p>8.5 The liturgical year is divided into seasons with corresponding colors, events, and symbols</p> <ol style="list-style-type: none"> a. Know the season of Advent (Violet) <ol style="list-style-type: none"> 1. Advent is a time of remembering the first coming of Christ and preparing for the second coming of Christ 2. Advent begins the Liturgical year 3. The third Sunday of Advent the priest wears rose vestment, (Gaudete Sunday-rejoice) b. Know the season of Christmas (White or Gold) <ol style="list-style-type: none"> 1. The Christmas season is a season of joy which celebrates the incarnation of Christ our Lord 2. The Christmas season begins with the vigil Mass on December 24 and ends with the feast of the Baptism of the Lord 	<p>CCC 1168 YOUCAT 186</p> <p>CCC 1171-1173</p>	<p>Be attentive to the liturgical colors as signs of the season or feast day being celebrated.</p>	

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	<p>c. Know the season of Lent (Violet)</p> <ol style="list-style-type: none"> 1. The 40 days of Lent remind us of Jesus' time in the desert preparing for his public ministry Lent is a season of preparation for the great feast of Easter 2. Lent begins with Ash Wednesday and ends when the Triduum begins (Holy Thursday) 3. The ashes used on Ash Wednesday remind us we are mortal beings 4. Lent is a penitential season; fasting, giving alms, and increasing our prayer life 5. Know that during Lent we are encouraged to increase the good works that we do <p>d. Know the Sacred Triduum is the pinnacle of the Liturgical year and the source of light that illuminates the rest of the year</p> <ol style="list-style-type: none"> 1. Holy Week begins on Palm/Passion Sunday- we concentrate on the events leading up to the crucifixion of our Lord 2. The Sacred Triduum is one continuous liturgy 3. Holy Thursday: The Mass of the Lord's Supper 4. Good Friday: The Passion of our Lord and veneration of the Cross 5. Holy Saturday: Jesus in the Tomb 6. Easter Vigil/Sunday: Resurrection <p>e. Know the season of Easter (White or Gold)</p> <ol style="list-style-type: none"> 1. Easter is a season of triumphant joy because we focus on the Resurrection of Jesus 2. Easter begins with the Easter Vigil Mass on Holy Saturday night and ends with the great feast of Pentecost <p>f. Know the seasons of Ordinary Time (Green)</p> <ol style="list-style-type: none"> 1. The season of Ordinary Time falls between Christmas and Lent and again between (Pentecost) Easter and Advent 			

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	<ol style="list-style-type: none"> 2. Ordinary Time is when we reflect more deeply on the mysteries of our faith and in our understanding of Jesus public ministry 3. Know the Liturgical year ends with the Feast of Christ the King 			
How does the Church celebrate solemnities in the life of the Church?	<p>8.6 The Church celebrates Holy Days in the Life of Christ, the Virgin Mary, and the Saints during the year</p> <ol style="list-style-type: none"> a. Know a solemnity represents the highest ranking holy days in the Church b. Know the Holy Days of Obligations in the United States are: * when not on a Sat. or Mon. <ol style="list-style-type: none"> 1. January 1, we celebrate Mary the Mother of God 2. August 15, we celebrate the Assumption of Mary 3. November 1, we celebrate All Saints Day 4. December 8, we celebrate the Immaculate Conception * never lifted 5. December 25, we celebrate Christmas (Nativity of the Lord) c. Know we are required to celebrate Holy Days of Obligation by attending Mass d. Know we are to rest from unnecessary labor on Sundays and other holy days of obligation 	<p>CCC 2193</p> <p>CCC 2042</p> <p>CCC 2193</p>		

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Where is true happiness found?	<p>ML 8.1 Following God leads to a life of holiness and joy</p> <ul style="list-style-type: none"> a. Know God placed the desire for happiness in the human heart b. Know true happiness is in being God’s children, and seeking and doing his will c. Understand how Jesus’ life shows the way to true and lasting happiness d. Recognize wealth, comfort, power, and success can be mistaken for true happiness e. Know all earthly happiness is a foretaste of eternal happiness (heaven) 	<p>CCC 1709</p> <p>CCC 27,1718</p> <p>YOUCAT 281-285</p> <p>CCC 1724</p> <p><u>*Aristotle’s 4 Levels of Happiness</u></p>		
<p>What is true freedom?</p> <p>How are we responsible for the exercise of freedom?</p>	<p>ML 8.2 We must act freely and in accordance with our conscience to make moral decisions</p> <ul style="list-style-type: none"> a. Know with our choices come responsibilities to act according to our conscience b. God is the ultimate source of all moral truth (moral law) c. Know that exercising our freedom to choose the good protects our freedom (we do not become slaves to sin) d. Know we are responsible for everything we do consciously and voluntarily (freedom) e. Understand we have a moral obligation to form our conscience f. Know that through the help of the Holy Spirit and scripture, the Church instructs and gives direction to people in forming their conscience g. Understand that forming our conscience is a life-long task h. Understand we are responsible for our choices. With these choices, we choose our own ultimate destiny: eternal life with or without God 	<p>CCC 1778</p> <p>CCC 1951</p> <p>CCC 1731-1738</p> <p>YOUCAT 286-297</p> <p>CCC 1784</p> <p>CCC 1022-1037</p>		

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How do virtues help us?	<p>ML 8.3 The four cardinal virtues: prudence, justice, temperance, and fortitude, when exercised, increase in us a life of holiness</p> <ul style="list-style-type: none"> a. Understand the cardinal virtues are acquired through human effort or can be given by God in prayer b. Understand that all other moral virtues stem from the cardinal virtues c. Know prudence is making right choices and guides conscience d. Know justice is treating others as they deserve to be treated e. Know temperance is self-control and exercising all things in moderation f. Know fortitude is courage to choose the good in doing a difficult task 	<p>CCC 1803-1809</p> <p>YOUCAT 301-304</p>		
What is the effect of sin in our lives?	<p>ML 8.4 Moral acts can be evaluated as good or evil</p> <ul style="list-style-type: none"> a. Understand the morality of human acts depends on: <ul style="list-style-type: none"> 1. What I choose to do (object/action chosen, <i>what</i>) 2. The intention (good or evil, <i>why</i>) 3. The circumstance of the act (<i>who, where, when</i>) b. Know the Church guides us to distinguish if the object/action chosen is good or bad through her teachings c. Know the intention resides in the acting person d. Know the circumstances cannot change the moral quality of acts; the circumstances cannot make an evil action good e. Know circumstances of the act diminish or increase the person's responsibility 	<p>CCC 1749</p> <p>CCC 1750</p> <p>CCC 1751-1756</p>		

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How do you know if an act is morally right?	<p>ML 8.5 Sin damages our relationship with God and with others</p> <ul style="list-style-type: none"> a. Understand sin is never private but always hurts ourselves, others, and our relationship with God <ul style="list-style-type: none"> 1. Mortal sin breaks our relationship with God 2. Venial sin weakens our relationship with God and others 3. No sin cannot be forgiven by God b. Recognize we share in the guilt of another person's sin by: <ul style="list-style-type: none"> 1. Participating directly and voluntarily in the sin 2. Ordering, advising, praising, or approving of the sin of another 3. Not disclosing or not hindering the sin when we have an obligation to do so 4. Protecting evil-doers 	<p>CCC 1850</p> <p>CCC 1854-1860</p> <p>YOUCAT 291 7th grade text book p.216-218</p>		
What can we learn from the lives of saints?	<p>ML 8.6 We are all called to be saints</p> <ul style="list-style-type: none"> a. Know saints are models of living a moral life b. Know the life stories of some saints c. Understand canonization is the process through which the Church determines a person is in heaven and the pope declares them a saint and worthy of imitation 	<p>CCC 2013</p> <p>CCC 2683,957</p> <p>CCC 828</p>		

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How does the Church's social teaching engage us with public life?	<p>ML 8.7 Social teaching of the Church: Respecting the dignity of work and rights of workers helps to build a just society</p> <ul style="list-style-type: none"> a. Begin to understand it is the right and responsibility of Christians to actively participate in the political, economic, and cultural life of the society b. Understand it is through the Church's social teachings that we engage in public life c. Understand work is more than making a living, it is a continuing participation in God's creation d. Understand the basic rights of workers must be respected <ul style="list-style-type: none"> 1. Productive work 2. Decent and just wages 3. Organization and joining of unions 4. Private property 5. Economic initiative e. Understand the principle of subsidiarity: What individuals can accomplish by their own efforts should not be taken from them by a higher authority 	<p>CCC 2427</p> <p>CCC 2428-2436</p> <p>YOUCAT 323, 447</p> <p>DOCAT 96, 188</p> <p>CCC 1883</p>		
<p>How does living a moral life help to protect our boundaries?</p> <p>How do we develop healthy relationships?</p>	<p>ML 8.8 Safe environment: God desires us to be safe</p> <ul style="list-style-type: none"> a. Know God calls us to a loving relationship with himself and with others b. Know we have the responsibility to foster healthy relationships with God, self, and others c. Know there are positive elements that make our relationships with others healthy. For example: honesty, trust, kindness, respect, empathy etc d. Understand there are moral boundaries within relationships and we are to respect them. For example: not forcing someone to do something harmful e. Understand the virtue of modesty helps us respect our boundaries and the boundaries of others f. Understand how Christian values help in making moral decisions 	<p>Circle of Grade</p> <p>Grade 8</p>		

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	<ul style="list-style-type: none"><li data-bbox="443 256 1184 326">g. Understand how the virtue of prudence helps us avoid unsafe situations<li data-bbox="443 331 1241 401">h. Recognize words and actions that are disrespectful as boundary violations. For example: bullying, cyberbullying<li data-bbox="443 406 1241 475">i. Recognize the responsibility to act when the boundaries of others are being violated. For example: bystander			

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How does the Holy Spirit help us to pray?	<p>P8.1 The Holy Spirit helps us to pray as we ought</p> <ul style="list-style-type: none"> a. Know the Holy Spirit teaches us to pray in different ways and circumstances b. Know the Church invites us to call upon the Holy Spirit every day: “Come Holy Spirit” c. Know that when we pray with Sacred Scripture the Holy Spirit guides us (Lectio Divina) 	<p>CCC 741 CCC 2644 CCC 2670-2672 CCC 2708</p>		
Why is prayer sometimes a struggle?	<p>P8.2 Prayer can be difficult because of temptation and our own weakness</p> <ul style="list-style-type: none"> a. Know prayer is a vital necessity and without daily prayer we fall back into the slavery of sin b. Know prayer is a gift of grace that requires effort and perseverance c. Know the principle difficulties in prayer are distraction and dryness d. Know our response to the difficulties in prayer include vigilance and faith e. Recognize God answers our prayers, but not always in the way we expect 	<p>CCC 2725 CCC 2744 CCC 2754 YOUCAT 508 CCC 2737 YOUCAT 506-507</p>		
How can art and music help us to pray?	<p>P8.3 Sacred art and music help us to encounter God, the author of beauty and source of truth and goodness</p> <ul style="list-style-type: none"> a. Know sacred art and music draws man to adoration, prayer, and deeper love of God b. Know sacred art and music by their nature are directed toward expressing in some way the infinite beauty of God c. Know that because we are both body and soul, experiencing sacred art and music through our senses can help lift our hearts to God in prayer 	<p>CCC 2500-2502</p>		

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What is the role of devotions in the life of the Church?	<p>P8.4 Christian life is nourished by various forms of devotions from the treasury of the Church</p> <ul style="list-style-type: none"> a. Know we are spiritually nourished by prayerfully meditating on devotions such as the Rosary and the Stations of the Cross b. Know that through pilgrimages and processions we can encounter God in a privileged place c. Know that Christians have been venerating the bones of saints (relics) since the beginning of the Church d. Understand the importance of litanies, novenas, and chaplets in the devotional life of prayer e. Understand sacramentals (holy water, scapular, medals, rosary, etc.) can prepare us to receive, accept, and live the grace given to us 	<p>CCC 1674-76 YOUCAT 272-277</p> <p>CCC 1667-73</p>		
How do we pray with Jesus through Scripture?	<p>P 8.5 Lectio Divina is a way to prayerfully encounter God through Scripture</p> <ul style="list-style-type: none"> a. Know that Lectio Divina means “divine/spiritual reading” b. Understand Lectio Divina is a particular ancient method of praying with the scriptures: <ul style="list-style-type: none"> 1. Begin with Introductory prayer recognizing the loving presence of the Trinity and ask the Holy Spirit to guide you 2. Lectio: The Reading of God’s Word 3. Mediation: Use your imagination to enter into the Gospel story (meditation) 4. Praying: What do I say to God in response to his Word 5. Contemplation: Rest quietly with the passage; what conversion of heart is God asking of me? 6. Concluding prayer: praise and thank God 	CCC 2708		