

Religious Education Standards  
**General Standards for Grade 7**

August 22, 2018



Diocese of Fargo



## DIOCESE OF FARGO

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August 22, 2018

Dear Catechist,

In 2013, Bishop Folda requested that a committee be formed to evaluate and publish updated standards for our Catholic schools and parish Religious Education programs. The result of the committee's work are standards for Kindergarten through eighth grade.

There are two formats of the standards for each grade:

1. **General Standards:** This is a "master list" of all the aspects of the Faith which should be covered in each specific grade. Each grade is divided into the four pillars of the *Catechism of the Catholic Church*: Profession of Faith, Sacraments, Moral Life and Prayer.
2. **Standards Corresponding to Textbook:** This document shows where the General Standards are covered in the textbook. It lists each chapter of the textbook. This document will be more useful for teaching.

The standards were also used as part of the selection process of the textbook series that was recommended to Bishop Folda.

The committee also suggested that the standards be a working tool for catechists, that is, not only insuring that the essential elements of the Faith are presented, but also as a way for catechists to share ideas with one another. The web page [www.fargodiocese.org/curriculum](http://www.fargodiocese.org/curriculum) has been created for this purpose. At the bottom of the page is the form "Submit an Activity or Idea". I encourage you to submit something to share with other catechists. Perhaps you have a great craft that works well with a lesson or some other activity that engages the children while helping to solidify what they just learned. I will use your ideas to build the sections in the standards entitled "Mission and Community" and "Teacher Notes". I will create links in these areas so that catechists will be able to see activities that others have submitted.

My hope is that these documents will be a great resource for you.

Peace in Christ,

Mary Hanbury  
Director of Catechesis

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
How do we come to know God as Trinity?	<p><b>PF 7.1 God is eternal and we come to know him</b></p> <ul style="list-style-type: none"> <li>a. Know that God is love</li> <li>b. Know the attributes of God; all-knowing, all-powerful, all-present</li> <li>c. Know we worship one God in three persons</li> <li>d. Begin to understand that by natural reason we can be certain of the existence of God</li> <li>e. Know that God is the source of beauty</li> </ul>	<p>CCC 198, 220, 27</p> <p>CCC 221, Jn 3:16 CCC 268 CCC 32-33, 37 CCC 198 YOUCAT 5 CCC 2500-2503</p>		
What is man's responsibility to creation?	<p><b>PF 7.2 God created everything for humans who are the summit of his creation</b></p> <ul style="list-style-type: none"> <li>a. Understand there is a hierarchy of creation</li> <li>b. Understand man as the summit of creation</li> <li>c. Know that we are to care for and be good stewards of all creation</li> </ul>	<p>CCC 355-358</p> <p>CCC 342 CCC 343, 356, 358</p> <p>CCC 362-367</p>		
Who is Jesus?	<p><b>PF 7.3 Jesus is fully God and man</b></p> <ul style="list-style-type: none"> <li>a. Understand the Incarnation; the Word became flesh</li> <li>b. Know Jesus is one person with two natures of human and divine</li> <li>c. Know the name Jesus means "God saves"</li> <li>d. Know that Jesus is also called the Messiah, Emmanuel, Savior, Christ, Son of God, Lord, Mediator, and Prince of Peace</li> <li>e. Know Jesus shows us the Father</li> </ul>	<p>CCC 464-478 YOUCAT 77-79 CCC 461-463</p> <p>CCC 470 CCC 430</p> <p>CCC 436, 441, 446</p>		

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Why did Jesus die?	<p><b>PF 7.4 Jesus suffered and died for us so that we can be saved</b></p> <ul style="list-style-type: none"> <li>a. Understand Jesus' role of redemption; how we were brought back into friendship with God</li> <li>b. Know Jesus died to save each of us (Salvation)</li> <li>c. Know Jesus redeemed all through his death and resurrection (Redemption)</li> <li>d. Know Jesus ascended into heaven body and soul</li> </ul>	<p>CCC 571, 601, 651            CCC 654            CCC 430-431</p> <p>CCC 601</p> <p>CCC 69</p>		
What happens to us when we die?	<p><b>PF 7.5 Everyone will be judged by their faith and works when they die</b></p> <ul style="list-style-type: none"> <li>a. Understand the theological virtue of hope gives us the desire for the graces to attain eternal life through Jesus Christ</li> <li>b. Understand particular judgment is the judgment each person receives at the end of his/her life. It determines his/her eternity in heaven or hell</li> <li>c. Understand the last judgment occurs when Jesus returns at the end of time when our bodies rise from the dead and are re-united with our souls</li> </ul>	<p>CCC 1021-1023</p> <p>CCC 1817            CCC 1021</p> <p>CCC 1023, 1033</p> <p>CCC 1021-1022</p>		
How does the Holy Spirit help us?	<p><b>PF 7.6 The Holy Spirit is our advocate who speaks on our behalf</b></p> <ul style="list-style-type: none"> <li>a. Understand it is the Holy Spirit who converts the human heart toward loving God</li> <li>b. Know the Holy Spirit will guide the Church in all truth</li> <li>c. Understand how the Holy Spirit intercedes for us</li> <li>d. Know Jesus promises the Holy Spirit</li> </ul>	<p>CCC 741</p> <p>CCC 683            CCC 689-692            YOUCAT 120            CCC 729</p>		

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How does God communicate through sacred scripture?	<p><b>PF 7.7 In sacred scripture, God speaks to man in a human way</b></p> <ul style="list-style-type: none"> <li>a. Know the Church venerates the scriptures as she venerates the Lord's Body</li> <li>b. Know the scriptures were divinely inspired and written by human authors</li> <li>c. Understand how scripture was written in different literary forms: poetry, story, parable, historical</li> <li>d. Know basic divisions of:               <ul style="list-style-type: none"> <li>1. Old Testament: Torah/Pentateuch, Historical books, Prophets, Wisdom books</li> <li>2. New Testament: Gospels, Acts, Epistles, Revelation</li> </ul> </li> <li>e. Begin to know the two senses of scripture               <ul style="list-style-type: none"> <li>1. Literal</li> <li>2. Spiritual                   <ul style="list-style-type: none"> <li>a) Allegorical</li> <li>b) Moral</li> <li>c) Anagogical</li> </ul> </li> </ul> </li> <li>f. Know there are various translations of the bible</li> </ul>	<p>CCC 109</p> <p>CCC 104</p> <p>CCC 121-133</p> <p>CCC 120, 138</p> <p>CCC 115-117</p>		
How is the Church like Christ?	<p><b>PF 7.8 The Church, like Christ, is human and divine</b></p> <ul style="list-style-type: none"> <li>a. Know the Church is the Body of Christ; Christ is the head and the Church is his Body</li> <li>b. Know the Church was divinely instituted by Jesus and entrusted to man</li> <li>c. Know the Magisterium (bishops of the Church, in union with the Pope) cannot err in matters of faith and morals</li> <li>d. The Church has the ultimately authority to interpret scripture</li> <li>e. Know we are one Church united in Jesus Christ</li> </ul>	<p>CCC 771</p> <p>CCC 787-795</p> <p>CCC 845, 824</p> <p>CCC 890</p> <p>CCC 119</p> <p>CCC 818-819</p>		

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What role does the Church?	<p><b>PF 7.9 Jesus gave the Church authority to teach, govern, and sanctify</b></p> <ul style="list-style-type: none"> <li>a. Understand that the Church’s teaching authority (Magisterium) is the servant and guardian of the Word of God</li> <li>b. Know the Church helps us to grow in understanding God’s Word</li> <li>c. Recognize that Church authority determined which books were in the bible</li> <li>d. Understand the bible came from the Church</li> </ul>	<p>CCC 763-765</p> <p>CCC 120</p> <p>CCC 86</p> <p>CCC 91-95</p> <p>CCC 1117</p>		
How does Church teaching develop over time?	<p><b>PF 7.10 The Church continues the mission of Christ</b></p> <ul style="list-style-type: none"> <li>a. Know “catholic” means universal</li> <li>b. Be introduced to the writings of the Early Church Fathers which help us understand the teachings of Jesus</li> <li>c. Know most Church councils were held in response to false teachings (heresies)</li> <li>d. Understand Church councils had been held throughout history beginning with the Council of Jerusalem to the current time, the Second Vatican Council</li> <li>e. Begin to understand that the Church defines doctrine</li> <li>f. Begin to understand there are elements of truth and holiness found in other faiths but the fullness of truth resides in the Catholic Church</li> </ul>	<p>CCC 849</p> <p>CCC 830</p> <p>CCC 465-468</p> <p>CCC 186-192</p> <p>CCC 88-90</p> <p>CCC 819</p>		

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How do we live as disciples of Jesus?	<p><b>PF 7.11 Jesus revealed the mystery of the Kingdom to his disciples and gave them a share in his mission to spread the good news of salvation</b></p> <ul style="list-style-type: none"> <li>a. Understand how Jesus formed his disciples in his mission</li> <li>b. Know all of us are called to be disciples of Jesus</li> <li>c. Know the Holy Spirit gives us certain gifts in order for us to be his disciples</li> <li>d. Understand our responsibility as disciples is a call to evangelization (spreading the Good News through actions and words)</li> </ul>	<p>CCC 541, 551</p> <p>CCC 654</p> <p>CCC 873, 799 YOUCAT 310</p> <p>CCC 1270</p>		
What does it mean to profess a belief in “life everlasting?”	<p><b>PF 7.12 We believe we will have “life everlasting” in either heaven or hell</b></p> <ul style="list-style-type: none"> <li>a. Understand God desires us to be in heaven with him for all eternity</li> <li>b. Understand God gives us everything necessary to attain eternal life in heaven</li> <li>c. Know that death is inevitable for us as a consequence of sin</li> <li>d. Understand that the reality of death reminds us to be serious about our lives. God gives us only one life, unique and unrepeatable; there is no reincarnation</li> <li>e. Understand purgatory was created by God as a merciful way to purify the imperfect souls who died in God’s grace and friendship</li> <li>f. Understand purgatory purifies us of our unhealthy attachments and we suffer temporal punishment due to our sin</li> <li>g. Know hell is the eternal separation from God for those who choose not to turn away from sin</li> <li>h. Understand heaven is for those who have persevered in God’s friendship on earth</li> <li>i. Understand heaven is where our desire for true happiness finds its fulfillment</li> </ul>	<p>CCC-1022</p> <p>CCC 1023-1029 CCC 74</p> <p>CCC 1006-1009</p> <p>CCC 1021-1022</p> <p>CCC 1038-1041</p> <p>CCC 1030-1032</p> <p>CCC 1033-1037 CCC 1023-1029, 1045</p>		

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How is Mary a perfect model of holiness?	<p><b>PF 7.13 Through perfect faith, Mary responded to God’s call to be the Mother of Jesus, the Savior of the World</b></p> <ul style="list-style-type: none"> <li>a. Know Mary was preserved from original sin (Immaculate Conception)</li> <li>b. Know Mary did not commit personal sin</li> <li>c. Understand through Mary Jesus came into the world and Mary leads us to him</li> <li>d. Understand how Mary can help us grow in holiness by her example and her prayers</li> <li>e. Know Mary was assumed body and soul into heaven (Assumption)</li> </ul>	<p>CCC 148, 2617</p> <p>CCC 491</p> <p>CCC 493 CCC 967-971 CCC 165, 969</p> <p>CCC 966</p>		
Faith, what is it?	<p><b>PF 7.14 Faith is a supernatural gift given by God that invokes a response to believe in him</b></p> <ul style="list-style-type: none"> <li>a. Know Faith is both a divine gift (theological virtue) and human act (our response)</li> <li>b. Know Faith comes before understanding</li> <li>c. Know Faith is necessary for salvation</li> <li>d. Know Faith requires perseverance</li> <li>e. Understand Faith is the beginning of eternal life</li> </ul>	<p>CCC 153, 166 YOUCAT 21</p> <p>CCC 153-155, 160, 176, 179-180 CCC 156-159 CCC 161-165, 176</p>		

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<p>Why do we need the sacraments?</p> <p>How do the sacraments work?</p>	<p><b>S 7.1 We receive sanctifying grace, a share in God’s divine life, through the sacraments entrusted to the Church</b></p> <ul style="list-style-type: none"> <li>a. Understand that sanctifying grace enables us to live as children of God</li> <li>b. Know that sacraments help us overcome our human frailties and become like Jesus through Jesus</li> <li>c. Know the seven sacraments are ways of expressing and experiencing our faith through our senses</li> <li>d. Know each sacrament bestows a particular sacramental grace on the recipient</li> <li>e. Know the graces received from the sacraments depend on the disposition of the soul of the person receiving the sacraments</li> <li>f. Begin to understand the sacraments take effect because Christ himself is working through the minister</li> </ul>	<p>CCC 1999-2000, 1118</p> <p>CCC 1146, 1116</p> <p>CCC 2003 CCC 2000-2001</p>		
<p>How are our lives changed by baptism?</p>	<p><b>S 7.2 God in his love and mercy, through the Sacrament of Baptism, invites us into a relationship with him and his Church</b></p> <ul style="list-style-type: none"> <li>a. Know baptism is the foundation for Christian life</li> <li>b. Understand baptism is the gateway to the Church and the beginning of a lasting communion with God</li> <li>c. Know in the Rite of Baptism there are certain elements: <ul style="list-style-type: none"> <li>1. Matter: water poured or immersion</li> <li>2. Form: The words “I baptize you in the name of the Father and of the Son and of the Holy Spirit”</li> <li>3. Minister: priest, deacon</li> <li>4. In an emergency, anyone with the right intention can baptize given they follow the correct matter and form</li> <li>5. To be baptized using your name signifies that God knows me, he says ‘yes’ to me, and accepts me forever in my unrepeatable uniqueness</li> </ul> </li> </ul>	<p>CCC 1213 Mt 28:19</p> <p>CCC 1229-1284</p>		

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	<ul style="list-style-type: none"> <li>6. The Sacred Chrism signifies the gift of the Holy Spirit</li> <li>7. The white garment signifies that we have put on an identity of Christ</li> <li>8. The baptismal candle lit from the Easter candle, signifies our receiving Christ who is the Light of the world into our lives and his grace into our souls</li> <li>d. Know certain effects take place in Baptism:               <ul style="list-style-type: none"> <li>1. Imprints an indelible spiritual mark on the soul cannot be repeated (Baptismal Seal)</li> <li>2. Makes us a child of God</li> <li>3. Make us a member of the Church</li> <li>4. Removes Original Sin and any personal sin</li> <li>5. Bestows on us the life of grace</li> <li>6. Receive the gifts of the Holy Spirit and the Theological Virtues (faith, hope, love)</li> </ul> </li> <li>e. Know godparents (sponsors) are spiritual parents who assist the parents in their child's Christian education and living of the faith</li> <li>f. Begin to understand "Baptism of Desire" provides salvation for those who sincerely seek God and strive to do his will</li> <li>g. Begin to understand "Baptism of Blood" provides salvation for those who died for their faith (Martyrs)</li> </ul>	<p>CCC 1262-1274</p> <p>CCC 1259</p> <p>CCC 1258</p>		

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<p>What does the Sacrament of Confirmation mean in our lives as Christians?</p>	<p><b>S 7.3 God in his love and mercy, through the Sacrament of Confirmation, strengthens us to become witnesses to Jesus Christ and his Church</b></p> <ul style="list-style-type: none"> <li>a. Know confirmation increases and deepens the graces received at Baptism</li> <li>b. Understand confirmation makes us true witnesses of Christ in order to spread and defend the faith</li> <li>c. Understand the elements in the Order of Confirmation:               <ul style="list-style-type: none"> <li>1. Renewal of baptismal promises</li> <li>2. Matter: Anointing with sacred chrism and laying on of hands</li> <li>3. Form: Words “be sealed with the Gift of the Holy Spirit”</li> <li>4. The sign of peace shows communion with the bishop and the faithful</li> <li>5. Minister: Bishop, (he may delate a priest to administer the Sacrament of Confirmation)</li> </ul> </li> <li>d. Know certain effects take place in confirmation               <ul style="list-style-type: none"> <li>1. Imprints an indelible spiritual mark on the soul cannot be repeated (Confirmation Seal)</li> <li>2. Special outpouring of the Holy Spirit</li> <li>3. Brings an increase and deepening of baptismal grace</li> <li>4. Increases the gifts of the Holy Spirit</li> <li>5. Unites us more closely with Jesus and his Church</li> </ul> </li> <li>e. Know the sponsor for (baptism/confirmation) should be a practicing Catholic, at least sixteen years of age, and a full member of the Church</li> <li>f. Know the seven gifts of the Holy Spirit: wisdom, understanding, counsel, knowledge, piety, fortitude, and fear of the Lord</li> <li>g. Know the twelve fruits of the Holy Spirit: charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity</li> </ul>	<p>CCC 1285</p> <p>CCC 1303</p> <p>CCC 1297-1300</p> <p>CCC 1302-1305</p> <p>Code of Canon law #874</p> <p>CCC 1831</p>		

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	h. Know there is a tradition of choosing a saint's name that places us under the spiritual protection of that saint	CCC 1832		
What is the Holy Eucharist?	<p><b>S 7.4 God in his love and mercy, through the Sacrament of the Holy Eucharist completes our Christian initiation into the Church</b></p> <ul style="list-style-type: none"> <li>a. Understand the Eucharist is the Body, Blood, Soul, and Divinity of Jesus Christ under the appearances of bread and wine</li> <li>b. Know the Holy Eucharist is the source and summit of Christian life</li> <li>c. Know Jesus instituted the Eucharist to be a memorial of his passion, death, and resurrection, and spiritual food to nourish his Church <ul style="list-style-type: none"> <li>1. Understand the sacrifice of the Mass is the same sacrifice as the sacrifice of the Cross (an eternal sacrifice)</li> </ul> </li> <li>d. Know the elements for the celebration of the Eucharist (Holy Mass): <ul style="list-style-type: none"> <li>1. Liturgy of the Word</li> <li>2. Liturgy of the Eucharist</li> <li>3. Matter for the Eucharist: Bread made from wheat flour and wine from grapes</li> <li>4. Form: Words of Institution</li> </ul> </li> <li>e. Understand through the words and actions of the priest and by the power of the Holy Spirit the bread and wine become the Body and Blood of Christ. This change is called Transubstantiation <ul style="list-style-type: none"> <li>1. Know once this change has occurred it is permanent</li> <li>2. The remaining precious blood is consumed</li> </ul> </li> </ul>	<p>CCC 1322</p> <p>CCC 1333</p> <p>CCC 1324</p> <p>CCC 1323, 1330</p> <p>CCC 1348-1391</p>		

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<p>How does the Eucharist strengthen our lives?</p> <p>How do we prepare to receive the Holy Eucharist?</p>	<p>3. The remaining precious body is reserved in the tabernacle</p> <p>f. Know the fruits (effects) of Holy Communion:</p> <ol style="list-style-type: none"> <li>1. Unites us more intimately with Christ</li> <li>2. Preserves, increases, and renews the life of grace received at baptism</li> <li>3. Forgives venial sin</li> <li>4. Strengthens our charity</li> </ol> <p>g. Know what is necessary for worthy reception of Holy Communion:</p> <ol style="list-style-type: none"> <li>1. To be in the state of grace</li> <li>2. To recognize and to consider whom we are about to receive</li> <li>3. To observe the Eucharist fast</li> <li>4. To know the proper way to receive Holy Communion:               <ol style="list-style-type: none"> <li>a) Make a sign of reverence (i.e. simple bow)</li> <li>b) To receive on the tongue or to receive in the hands by making a throne</li> </ol> </li> </ol>	<p>CCC 1376</p> <p>CCC 1379</p> <p>CCC 1391-1398</p>		
<p>How is our relationship restored and healed by the sacraments of healing?</p>	<p><b>S 7.5 God in his love and mercy, through the Sacrament of Reconciliation, reconciles us to him and his Church</b></p> <p>a. Know Jesus instituted the Sacrament of Reconciliation. For example on Easter day he commanded the apostles “Receive the Holy Spirit whose sins you shall forgive they are forgiven; whose sins you shall retain they are retained”</p> <p>b. Know this sacrament is also called:</p> <ol style="list-style-type: none"> <li>1. Sacrament of Penance</li> <li>2. Sacrament of Conversion</li> <li>3. Sacrament of Confession</li> <li>4. Sacrament of Forgiveness</li> </ol>	<p>CCC 1422</p> <p>Jn 20:22-23</p> <p>CCC 1423-1442</p>		

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	<ul style="list-style-type: none"> <li>c. Know God alone can forgive sins and has given power to the priests to act in the person of Christ</li> <li>d. Know how to make a good confession:               <ul style="list-style-type: none"> <li>1. Examination of conscience</li> <li>2. Sorrow for sins (contrition)</li> <li>3. Desire to change (purpose of amendment)</li> <li>4. Confession of sins</li> <li>5. Completion of penance</li> </ul> </li> <li>e. Know only an ordained priest can absolve sins and through the seal of confession cannot reveal any sins to anyone</li> <li>f. Know we are obliged to confess all mortal sins before receiving Holy Communion</li> <li>g. Know the Church requires us to receive the sacrament of Reconciliation at least one time per year for mortal sins</li> <li>h. Understand the elements of the Rite of Penance:               <ul style="list-style-type: none"> <li>1. Matter: contrition, sins confessed and satisfaction (Penance)</li> <li>2. Form: prayer of Absolution by priest</li> <li>3. Minister: priests</li> </ul> </li> <li>i. Know the effects of the Sacrament of Reconciliation:               <ul style="list-style-type: none"> <li>1. Reconciliation with God and his Church</li> <li>2. Forgiveness of sins</li> <li>3. Strengthens us to resist the temptation to sin and grow in the spiritual life</li> <li>4. Sanctifying grace is restored when mortal sin is absolved</li> </ul> </li> </ul>	<p>CCC 1462</p> <p>YOUCAT 232 CCC 1450-1460</p> <p>CCC 1461-1466</p> <p>CCC 1458 CCC 1458</p> <p>CCC 1455-1460</p> <p>CCC 1496</p>		
How is our relationship restored and healed by the sacraments of healing?	<p><b>S 7.6 God in his love and mercy, through the Sacrament of Anointing of the Sick, strengthens and helps us overcome our difficulties</b></p> <ul style="list-style-type: none"> <li>a. Know the Sacrament of the Anointing of the Sick is given to those whose health is seriously impaired by sickness or old age for their spiritual and bodily strengthening as often as needed</li> </ul>	<p>CCC 1499</p> <p>James 5:14-15</p> <p>CCC 1514-1515</p>		

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	<p>b. Understand the elements in the Rite of the Anointing of the Sick:</p> <ol style="list-style-type: none"> <li>1. Matter: Blessed oil (of the sick/infirm) and anointing</li> <li>2. Form: Prayers said by the priest</li> <li>3. Minister: Priest</li> </ol> <p>c. Know the effects of the Sacrament of the Anointing of the Sick:</p> <ol style="list-style-type: none"> <li>1. Increases sanctifying grace</li> <li>2. Forgives venial sins</li> <li>3. Forgives mortal sins if the person is unable to confess and has sorrow</li> <li>4. Gives strength for endurance to suffer</li> <li>5. May help them to heal</li> <li>6. Unites to Christ's passion</li> <li>7. To die a Holy death or regain health</li> </ol> <p>d. Begin to understand Viaticum is the last Holy Communion received before death (Viaticum is defined as food for the final journey from this life)</p> <p>e. Know that an Apostolic Pardon is given right before death by the priest</p>	<p>CCC 1517-1519</p> <p>CCC 1520-1523</p> <p>CCC 1532</p> <p>CCC 1524</p>		

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What is freedom as a child of God?	<p><b>ML 7.1 Freedom as a child of God leads us to a life of holiness and joy</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand that freedom is the God given power to act of one's own accord</li> <li>b. Know God placed the desire for happiness in the human heart allowing us the freedom to decide in favor of the good</li> <li>c. Know the more we do what is good the freer we become and the easier it is to do good (virtues)</li> <li>d. Understand human persons are body (material) and soul (spiritual)</li> </ul>	<p>CCC 1730-1731</p> <p>YOUCAT 286</p> <p>CCC 27, 1732</p> <p>CCC 1733-1734, 1804</p>		
How do we make a moral decision?	<p><b>ML 7.2 Moral acts can be evaluated as good or evil</b></p> <ul style="list-style-type: none"> <li>a. Understand that we know what is true and good because God has revealed it to us</li> <li>b. Know the three sources of moral decision-making: object, intention, and circumstance <ul style="list-style-type: none"> <li>1. What I want to do (object chosen, <i>what</i>)</li> <li>2. The intention (good or bad, <i>why</i>)</li> <li>3. The circumstances of the act (<i>who, where, when</i>)</li> </ul> </li> <li>c. Understand passions are the emotions that influence us to do good or evil actions, e.g. love and hatred, desire and fear, joy and sadness and anger</li> <li>d. Know how vice and virtues guide us in making moral decisions</li> <li>e. Know there are seven capital sins <ul style="list-style-type: none"> <li>1. Pride</li> <li>2. Covetousness</li> </ul> </li> </ul>	<p>CCC 1749</p> <p>CCC 2032-2038 YOUCAT 291</p> <p>CCC 1750-1756</p> <p>CCC 1763-1766</p> <p>CCC 1866, 1810</p>		

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	3. Envy 4. Anger 5. Gluttony 6. Lust 7. Sloth f. Know that through the guidance of the Holy Spirit and the teachings of the Church, we come to know the good	CCC 729, 1778, 2032		
How do we show respect for our bodies?	<b>ML 7.3 Our bodies are temples of the Holy Spirit</b> a. Understand that we communicate through our bodies “body language” b. Understand being pure in heart is a condition of seeing God in heaven. On earth, this purity helps us to see according to God, to perceive the human body (our own and our neighbor’s) as a temple of the Holy Spirit c. Understand that although baptism purifies us from all sin, the struggle against disordered desires continues. We will prevail by: 1. Chastity: By which the person can love with an undivided heart 2. Purity of intention: By which the baptized seeks the right goals and fulfills God's will in everything 3. Purity of heart: By which the person rejects impure sights and thoughts 4. Prayer: By which the person seeks God's help d. Understand that purity requires modesty e. Know modesty protects the intimate center of the person	CCC 364, 2519  CCC 2337-2345 YOUCAT 404-405 CCC 2519  CCC 2520-2527  <u>“The Truth and Meaning of Human Sexuality”</u>		

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Why should the saints be a part of our lives?	<p><b>ML 7.4 We are all called to be saints</b></p> <ul style="list-style-type: none"> <li>a. Understand the lives of the saints inspire and help us to grow and live a holy life</li> <li>b. Understand, through God’s grace, all sinners can become saints</li> <li>c. Know the lives of saints are examples of virtue, evangelization, and holiness</li> <li>d. Know how saints give us examples of how to do what is right even when it is difficult to do so</li> </ul>	<p>CCC 2013</p> <p>CCC 2683, 957</p> <p>CCC 2683, 828</p>		
How does promoting the common good bring us closer to communion with God?	<p><b>ML 7.5 Social teaching in the Church: We are made for communion with God and others through the common good (solidarity)</b></p> <ul style="list-style-type: none"> <li>a. Know the common good is always oriented toward the progress of persons (advancements that uphold human dignity) and the good of everyone</li> <li>b. Understand we act as one family and support one another in our common goal of a just society</li> <li>c. Begin to understand the need to move from selfish independence to selfless interdependence (solidarity)</li> <li>d. Begin to understand love is to will the good of the other and to take effective steps to secure it</li> </ul>	<p>CCC 1807</p> <p>CCC 1905-1912</p> <p>CCC 1939-1942</p>		
What is our responsibility to others?	<p><b>ML 7.6 Safe environment: God desires us to be safe</b></p> <ul style="list-style-type: none"> <li>a. Know God calls us to a loving relationship with himself and with others</li> <li>b. Know we have the responsibility to foster healthy relationships with God, self, and others</li> <li>c. Know there are positive elements that make our relationships with others healthy. For example: honesty, trust, kindness, respect, empathy etc.</li> </ul>			

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
	<ul style="list-style-type: none"><li>d. Understand there are boundaries within relationships and we are to respect them. For example: not forcing someone to do something harmful</li><li>e. Recognize words and actions that are disrespectful as boundary violations. For example: bullying, cyberbullying</li><li>f. Recognize the responsibility to act when the boundaries of others are being violated. For example: bystander</li></ul>			

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How does the Holy Spirit help us to pray?	<p><b>P 7.1 The Holy Spirit helps us to pray as we ought</b></p> <ul style="list-style-type: none"> <li>a. Know the Holy Spirit comes to our aid, helping us to pray in all circumstances</li> <li>b. Know the Church invites us to call upon the Holy Spirit every day: “Come Holy Spirit”</li> <li>c. Know the Holy Spirit shows us God’s presence in the natural world and helps us encounter God through creation</li> </ul>	<p>CCC 741</p> <p>CCC 2670-2672</p> <p>CCC 291</p>		
Why is prayer sometimes a struggle?	<p><b>P 7.2 Prayer can be difficult because of temptation and our own weakness</b></p> <ul style="list-style-type: none"> <li>a. Know prayer is a gift of grace and requires effort</li> <li>b. Know the principle difficulties in prayer are distraction and dryness</li> <li>c. Recognize the importance of finding a place to pray with few distractions</li> <li>d. Know our response to the difficulties in prayer include vigilance and faith</li> <li>e. Recognize God answers our prayers, but not always in the way we expect</li> </ul>	<p>CCC 2725</p> <p>CCC 2727</p> <p>CCC 2729</p> <p>CCC 2691, 2696</p> <p>CCC 2730</p> <p>YOUCAT 506-507</p>		

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How does Jesus model a personal relationship with God?	<p><b>P 7.3 Jesus models a personal relationship with God through prayer to his Father</b></p> <ul style="list-style-type: none"> <li>a. Know that at the age of twelve Jesus speaks of his unique, original union with God: “I must be in my Father’s house”</li> <li>b. Know Jesus prays before decisive moments: temptation, the choice of the apostles, the Transfiguration, the Agony in the Garden, etc.</li> <li>c. Know that from the cross Jesus completely entrusted himself into his Father’s hands</li> <li>d. Understand Jesus taught his disciples how to pray</li> </ul>	<p>CCC 2599</p> <p>CCC 2600-2604</p> <p>CCC 2605</p> <p>CCC 2607-2615</p>		
By what other ways does the Holy Spirit help us to pray?	<p><b>P 7.4 When Jesus ascended into heaven, he sent the apostles to Jerusalem to pray for the coming of the Holy Spirit</b></p> <ul style="list-style-type: none"> <li>a. Know the origin of novena devotions came from the apostles praying before Pentecost, which is when the Holy Spirit came upon the Church</li> <li>b. Know a novena is nine days of prayer for a particular intention</li> <li>c. Recognize novenas are one example of the Church’s devotional prayers</li> </ul>	<p>CCC 2623</p> <p>CCC 2698</p>		

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	<p>d. Know the Lord’s Prayer is the summary of the whole Gospel</p> <ol style="list-style-type: none"> <li>1. <i>Father</i>... To call God ‘Father’ is to be a humble and trusting child who desires to be like the One to whom we are praying</li> <li>2. <i>Our Father who art in heaven</i>... When we pray “<i>our Father</i>” we recognize God’s care for all men and the whole creation</li> <li>3. The Lord’s Prayer contains seven petitions               <ol style="list-style-type: none"> <li>a) The first three relate to God and the right way of serving him</li> <li>b) The next four offer our needs to God</li> </ol> </li> </ol>	<p>Luke 2:49</p> <p>CCC 2782 CCC 2807-2827</p> <p>CCC 2793</p> <p>CCC 2828-2854</p>		
<p>How do we pray with Jesus through scripture?</p>	<p><b>P 7.5 Lectio Divina is a way to prayerfully encounter God through scripture</b></p> <ol style="list-style-type: none"> <li>a. Know that Lectio Divina means “divine/spiritual reading”</li> <li>b. Understand Lectio Divina is a particular ancient method of praying with the scriptures:               <ol style="list-style-type: none"> <li>1. Begin with Introductory prayer recognizing the loving presence of the Trinity and ask the Holy Spirit to guide you</li> <li>2. Reading: Reading the passage</li> <li>3. Mediation: Use your imagination to enter into the Gospel story (meditation)</li> <li>4. Praying: What do I say to God in response to his Word?</li> <li>5. Contemplation: Rest quietly with the passage; what conversion of heart is God asking of me?</li> <li>6. Concluding prayer: Praise and thank God</li> </ol> </li> </ol>	<p>CCC 2708</p>		