

Curriculum Guidelines Catholic Diocese of Fargo

ADULTS

Writing a curriculum for adults would be a nearly impossible task. Rather, those responsible for catechesis of adults should keep in mind the following principles:

1. Every adult should naturally assume that they will make efforts to grow spiritually just as they make efforts to progress in their respective careers, hobbies, and other interests.
2. Adult catechesis is the principal (first) form of catechesis because it is “addressed to the persons who have the greatest responsibility and the capacity to live the Christian message in its fully developed form” (CT 43). Adults govern the world that youth live in. Adults must be witnesses.
3. Adult catechesis must not be limited to liturgy and homilies, but a systematic effort to grow in understanding of the entire Deposit of the Faith. There should be regular classes/periods of instruction provided, study and discussion groups, prayer groups, and retreats for adults all of which consider the varying situations of adults.
4. Adults need to be treated as adults.

Sessions for adults, like for children, fall into four main categories.

I. CREED - PROFESSION OF FAITH

Section one pertains to what God, Our Heavenly Father through Jesus Christ His Son by the power of the Holy Spirit has revealed about Himself and His Plan for our salvation and sanctification. The delivery of the Faith begins with the knowledge that God has acted first – He has given all – for no other reason than He loves us.

II. SACRAMENTS – CELEBRATION OF THE CHRISTIAN MYSTERY

Section two pertains to the way God, Our Heavenly Father through Jesus Christ His Son by the power of the Holy Spirit continues to make Himself and His Plan for our salvation and sanctification present today. In the sacraments, God touches us and we touch Him – a touch that wholly changes us – we are freed from sin and become His children, members of the Church, His Family. In the sacraments God acts first – He has given all – for no other reason than He loves us. The reception of the sacraments is one way we say “yes” to God.

III. MORAL DEVELOPMENT – LIFE IN CHRIST AND THE WITNESS OF THE SAINTS

Section three is our response to God who loved us first. As His children, we desire to live as God has asked. The moral life is not an arbitrary list of rules. Living life as God reveals is living a fully human life.

IV. PRAYER LIFE AND THE STUDY OF SCRIPTURE

Section four is another way we respond to God who loved us first. As His children, we desire to live as God has asked. In order to know God and His specific plan for our lives, we must take time to pray, that is to talk, listen and be with God and His Family, the Church. Praying is essential for growing as a Child of God in the Family of God. A life without prayer is like a life without breath.

Adults – History and Saints Appendix

Saints have been chosen from the memorials of the Roman calendar, those mentioned in the Eucharistic Prayer One, Fathers of the Church, Doctors of the Church and from American saints, blessed, and venerables.

I. The Early Church (0-600 A.D.)

A. Saints

1. Sts. Anne and Joachim (c. 1st century)
2. St. Joseph (c. 1st century)
3. Sts. Zechariah and Elizabeth (c. 1st century)
4. St. John the Baptist c. 30)
5. St. Peter, Apostle (c. 64)
6. St. Andrew, Apostle (c. 60)
7. St. James the Great, Apostle c. 44)
8. St. Bartholomew, Apostle (c. 1st century)
9. St. James the Lesser, Apostle (c. 62)
10. St. Thomas, Apostle (c. 72)
11. St. Philip, Apostle (c. 80)
12. St. Simon the Cananean, Apostle (c. 1st century)
13. St. Jude, Apostle (c. 100)
14. St. Matthew, Evangelist and Apostle (c. 1st century)
15. St. Matthias, Apostle replacing Judas (c. 80)
16. St. John, Evangelist and Apostle (c. 101)
17. St. Luke, Evangelist (c. 1st century)
18. St. Mark, Evangelist (c. 68)
19. St. Paul (c. 67)
20. St. Mary Magdalen (c. 1st century)
21. St. Martha (c. 80)
22. St. Dismas, the good thief (c. 30)
23. St. Stephen (c. 36)
25. St. Tarcisius (c. 1st century)
26. St. Barnabas, Father of the Church (c. 61)
27. St. Linus, Second Pope (c. 76)
28. St. Cletus, Third Pope (c. 89)
30. St. Titus (c. 96)
31. St. Timothy (c. 97)
32. St. Philomena (86-100)
33. St. Clement of Rome, Fourth Pope and Father of the Church (c. 101)
34. St. Ignatius of Antioch, Father of the Church (c. 107)
35. St. Papias, Father of the Church (c. 115)
36. St. Cecilia (c. 117)
37. St. Sixtus, Fifth Pope (c. 127)
38. St. Polycarp, Father of the Church (69-155)
39. St. Justin Martyr, Father of the Church (100-165)
40. St. Felicity (c. 165)
41. St. Perpetua (c. 203)
42. St. Ireneaus, Father of the Church (130-202)
43. St. Hippolytus, Father of the Church (c. 236)

44. *St. Fabian (c. 250)*
45. *St. Alexander of Cappadocia, Father of the Church (c. 251)*
47. *St. Agatha (c. 251)*
48. *Sts. Cornelius and Cyprian (c. 253 and c. 258)*
49. *St. Agnes of Rome (c. 254)*
50. *Sts. Nereus & Achilles (c. 257)*
51. *St. Lawrence (c. 258)*
52. *St. Cyprian of Carthage, Father of the Church (200-258)*
53. *St. Valentine of Rome (c. 269)*
54. *St. Gregory Thaumaturgus, Father of the Church (213-270)*
55. *Martyrs of the Theban Legion (c. 287)*
56. *St. Maurice (c. 287)*
57. *St. Sebastian (c. 288)*
58. *Sts. Cosmas and Damian (c. 303)*
59. *St. Anastasia (c. 304)*
60. *St. George (c. 304)*
61. *St. Victorinus, Father of the Church (c. 304)*
63. *St. Lucy of Syracuse (283-304)*
64. *St. Peter of Alexandria, Father of the Church (c. 309)*
65. *St. Marcellinus (c. 309)*
66. *St. Catherine of Alexandria (291-310)*
67. *St. Blasé (c. 316)*
68. *St. Helena (250-330)*
69. *St. Sylvester (c. 335)*
70. *St. Nicholas (346-350)*
71. *St. Anthony the Hermit (251–356)*
72. *St. Hilaire of Poitiers, Father and Doctor of the Church (315-368)*
73. *St. Athanasius, Father and Doctor of the Church (295-373)*
74. *St. Ephrem of Syria, Father and Doctor of the Church (306-373)*
75. *St. Basil the Great, Father and Doctor of the Church (329-379)*
76. *St. Cyril of Jerusalem, Father and Doctor of the Church (315-386)*
77. *St. Monica (322-387)*
78. *St. Gregory of Nazianzus, Father and Doctor of the Church (330-390)*
79. *St. Ambrose of Milan, Father and Doctor of the Church (340-397)*
80. *St. Martin of Tours (316-397)*
81. *St. Gregory of Nyssa, Father of the Church (330-395)*
82. *St. John Chrysostom, Father and Doctor of the Church (347-407)*
83. *St. Jerome (347-419)*
84. *St. Augustine of Hippo (354-430)*
85. *St. Cyril of Alexandria, Doctor of the Church (376-444)*
86. *St. Peter Chrysologus, Doctor of the Church (406-450)*
87. *St. Vincent de Lerins, Father of the Church (c. 450)*
88. *St. Leo the Great (400-461)*
89. *St. Patrick (390-461)*
90. *St. Brigid of Ireland (453-523)*
91. *St. Scholastica (480-543)*
92. *St. Clotilde (475–545)*

93. St. Benedict (480-547)
94. St. Arnold (580-640)

B. Geography

1. Mediterranean Geography
2. Europe
3. Asia
4. Holy Land
5. Roman Empire

C. Events

1. Early Christian Persecution and Martyrs
2. Burning of Rome, 64 A.D.
3. Arianism
4. Decree of Milan, 313 A.D.
5. Council of Nicea, 325 A.D.

II. The Medieval Era (601-1500 A.D.)

A. Saints

1. St. David of Wales (542-601)
2. St. Gregory the Great, Pope, Father and Doctor of the Church (540-604)
3. *St. Isidore of Seville, Doctor of the Church (560-636)*
4. *St. Pamphilus, Father of the Church (c. 700)*
5. St. Bede the Venerable, Doctor of the Church (672-735)
6. St. John Damascene, Father and Doctor of the Church (679-749)
7. St. Boniface (680-754)
8. *St. Ansgar (801-865)*
9. *St. Methodius (826-885)*
10. St. Henry II (972-1024)
11. St. Olaf of Norway (995-1030)
12. St. Cunegunda, wife of Henry II (c. 1040)
13. St. Edward the Confessor (1003-1066)
14. St. Peter Damian, Doctor of the Church (1007-1072)
15. St. Stanislaus (1030-1079)
16. St. Margaret of Scotland (1045-1093)
17. St. Anselm of Canterbury, Doctor of the Church (1033-1109)
18. Sts. Isidore and Maria, Farmers (1070-1130)
19. St. Norbert (1080-1134)
20. St. Bernard of Clairvaux (1090-1153)
21. St. Thomas Becket (1118-1170)
22. St. Lawrence O'Toole (1128-1180)
23. St. William of Bourges (c. 1209)
24. St. Dominic (1170-1221)
25. St. Francis of Assisi (1181-1226)
26. St. Anthony of Padua (1195-1231)
27. St. Elizabeth of Hungary (1207-1231)
28. St. Rose of Viterbo (1234-1252)

29. St. Clare of Assisi (1194-1253)
30. St. Louis IX (1214-1270)
31. St. Bonaventure, Doctor of the Church (1221-1274)
32. St. Thomas Aquinas (1225-1274)
33. St. Albert the Great (1206-1280)
34. St. Gertrude the Great (1256-1302)
35. Blessed Imelda Lambertini (1322-1333)
36. St. Bridget of Sweden (1303-1373)
37. St. Catherine of Siena, Doctor of the Church (1347-1380)
38. St. John Nepomucene (1340-1393)
39. St. Joan of Arc (1412-1431)
40. St. John of Capistrano (1386-1456)

B. Geography

1. Hungary
2. Spain
3. Italy
4. Germany
5. France

C. Events

1. The Great Schism, July 16, 1054
2. The Crusades
3. Black Plague
4. Gutenberg invention of printing press
5. First bible printed in 1455

III. The Reformation (1501-1700 A.D.)

A. Saints

1. St. John Fisher (1469-1535)
2. St. Thomas More (1478-1535)
3. St. Juan Diego (1474-1548)
4. St. Francis Xavier (1506-1552)
5. St. Ignatius of Loyola (1491-1556)
6. St. Edmund Campion (1540-1581)
7. St. Theresa of Avila, Doctor of the Church (1515-1582)
8. St. Charles Borromeo (1538-1584)
9. St. John of the Cross, Doctor of the Church (1542-1591)
10. St. Aloysius Gonzaga (1568-1591)
11. St. Philip Neri (1515-1595)
12. *St. Peter Canisius, Doctor of the Church (1521-1597)*
13. St. Paul Miki and Companions (martyred 1562-1597)
14. St. Rose of Lima (1586-1617)
15. *St. Lawrence of Brindisi, Doctor of the Church (1549-1619)*
16. St. Robert Bellarmine, Doctor of the Church (1542-1621)
17. St. Francis de Sales (1567-1622)
18. St. Josaphat (1580-1623)

19. St. Martin de Porres (1579-1639)
20. St. Jane Frances de Chantal (1572-1641)
21. St. Rene Goupil (1606-1642)
22. St. Isaac Jogues, St. John de Breboug and Companions (martyred 1646-1649)
23. The Jesuit Martyrs of North America (martyred 1646-1649)
24. St. Peter Claver (1581-1654)
25. St. Vincent de Paul (1581-1660)
26. Blessed Kateri Tekekwitha (1656-1680)
27. St. Margaret Mary Alacoque (1647-1690)

B. Geography

1. England
2. Japan
3. South America
4. Peru
5. North America
6. Rome

C. Events

1. Luther and the 95 Theses, Nov. 1, 1517
2. Juan Diego and Our Lady of Guadalupe
3. Henry VIII and the Anglican Church
4. John Calvin
5. Evangelization of the New World
6. Council of Trent, 1545

IV. The Modern Era (1701-1900 A.D.)

A. Saints

1. St. Gerard Majella (1725-1755)
2. St. Paul of the Cross (1694-1775)
3. Blessed Junipero Serra (1713-1784)
4. St. Alphonsus Ligouri (1696-1787)
5. Venerable Pierre Toussaint (1766-1807)
6. St. Elizabeth Ann Seton (1774-1821)
7. St. Andrew Dung-Lac and Companions (1785-1839)
8. Sts. Andrew Kim Taegon, Paul Chong Hasang, and Companions (martyred 1846)
9. Blessed Marie Rose Durocher (1811-1849)
10. St. Rose Dushesne (1769-1852)
11. Blessed Mother Theodore Guerin (1798-1856)
12. St. Dominic Savio (1842-1857)
13. St. John Vianney (1786-1859)
14. St. John Neumann (1811-1860)
15. Blessed Fr. Francis Xavier Seclos (1819-1867)
16. St. Bernadette of Lourdes (1819-1879)
17. St. Charles Lwanga and Companions (martyred 1865-1886)

18. St. John Bosco (1815-1888)
19. Blessed Damien the Leper (1846-1889)
20. Venerable Father Michael McGivney (1852-1890)
21. St. Teresa of Lisieux, the Little Flower (1873-1897)

B. Events

1. French Revolution
2. Revolutionary War
3. Civil War
4. Industrial Revolution

V. Twentieth Century (1901-2003 A.D.)

A. Saints

1. St. Maria Goretti (1890-1902)
2. St. Gemma Galgani (1878-1903)
3. Venerable Mother Mary Magdalen Bentivoglio of the Sacred Heart (1834-1905)
4. St. Pius X (1835-1914)
5. St. Francis Xavier Cabrini (1850-1917)
6. Venerable Mother Marianne Cope (1838-1918)
7. Venerable Frank J. Parater (1897-1920)
8. Blessed Miguel Agustin Pro (1891-1927)
9. Blessed Andre Bessette (1845-1937)
10. St. Faustina (1905-1938)
11. St. Maximilian Kolbe (1894-1941)
12. St. Edith Stein (1891-1942)
13. Venerable Father Emil Joseph Kapaun (1916-1951)
14. St. Mother Katharine Drexel (1858-1955)
15. Venerable Father Solanus Casey (1870-1957)
16. Blessed Gianna Beretta Molla (1922-1962)
17. Blessed Carlos Rodriquez (1918-1963)
18. St. Padre Pio (1887-1968)
19. Venerable Terence Cardinal Cooke (1921-1983)
20. Venerable Father Patrick Peyton (1909-1992)
21. Blessed Mother Theresa of Calcutta (1910-1997)

B. Events

1. World War I and II
2. The Holocaust
3. Russian Revolution
4. Globalization
5. Great Depression
6. Computer Revolution
7. Berlin Wall Falls

