

## **Catechism of the Catholic Church on the Eucharist**

Catechists should obtain a personal copy of the CCC and be encouraged to read the passages on the Eucharist.

### **Sections from CCC on Eucharist**

_____	1210 – 1211	<b>The Seven sacraments of the church</b>
_____	1212	<b>Sacraments of Christian Initiation</b>
_____	1229	<b>How is the sacrament of Baptism celebrated</b>
_____	1275	<b>In Brief</b>
_____	1322 – 1323	<b>The Sacrament of the Eucharist</b>
_____	1324 – 1327	<b>The Eucharist – Source and Summit of Ecclesial Life</b>
_____	1328 – 1332	<b>What is the Sacrament called</b>
_____	1333 – 1336	<b>The sign of bread and wine</b>
_____	1337 – 1340	<b>The institution of the Eucharist</b>
_____	1341 – 1344	<b>“Do this in memory of me”</b>
_____	1345	<b>The Liturgical celebration of the Eucharist</b> <b>Mass of all ages</b>
_____	1348 – 1355	<b>The movement of the celebration</b>
_____	1356 – 1358	<b>The Sacramental sacrifice : Thanksgiving, memorial, presence</b>
_____	1359 – 1361	<b>Thanksgiving and praise to the Father</b>
_____	1362 – 1372	<b>The sacrificial memorial of Christ and his Body, the Church</b>
_____	1373 – 1381	<b>The presence of Christ by the power of his word and the Holy Spirit</b>
_____	1382 – 1383	<b>The Paschal Banquet</b>
_____	1384 – 1390	<b>“Take this and eat it, all of you”: communion</b>
_____	1391 – 1401	<b>The fruits of Holy Communion</b>
_____	1402 – 1405	<b>The Eucharist – “Pledge of the Glory to come”</b>
_____	1406 – 1419	<b>In Brief</b>

Eucharist, 1322-1419  
as an act of thanksgiving, 1359  
as a memorial, 1357, 1362  
as presence, 1373-75  
as sacrifice, 1362-72  
as source and summit of Church life, 1324  
See also Consecration; Sacrament(s); Transubstantiation

#### effects of the Eucharist

- cleanses and separates us from sin, 1393-95, 1436, 1846
- commits us to the poor, 1397
- communicates the mystery of the communion of the Holy Trinity, 950, 2845
- establishes the community of believers, 805, 1396, 2637
- as a foretaste of the future life, 1000, 1326, 1402-05, 1419
- as growth in Christian life, 1392, 1397, 1644
- as an increase of the grace received in Baptism, 1392
- as the source of conversion and penance, 1436
- as spiritual food, 1212, 1275, 1436, 2837
- transforms man through Christ, 1074
- unites with Christ, 790, 1003, 1391
- unites Christians, 1398
- unites with the heavenly liturgy, 1370
- we participate in Christ's sacrifice, 1322

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- elements in the Mass
  - anaphora, 1352-54
  - collection, 1351
  - communion, 1355, 1382, 1570
  - epiclesis, 1105, 1353
  - fundamental structures, 1346
  - gathering of the Christian faithful, 1348
  - Liturgy of the Word, 1349
  - presentation of the gifts, 1350

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- first Holy Communion, 1244
- frequency of, 1388-89
- minister of, 1411
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- requirements for receiving, 1355, 1415
- sacrilege against, 2120
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#### institution of the Eucharist

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- purposes of, 610, 1341

minister of the celebration of the Eucharist. See Bishop; Priest/priesthood

#### names of the Eucharist

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- Daily bread, 2837
- the Eucharist, 1328
- the Eucharistic assembly, 1329
- Holy Communion, 1331
- the holy and Divine Liturgy, 1330
- Holy Mass, 1332

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