



Appendix

We must be realists. The blossoms, if we may call them that, of faith and piety do not grow in the desert places of a memory-less catechesis.
(Pope John Paul II, On Catechesis In Our Time, p.55)

Appendix A: Prayers

Prayers will be presented first as they occur in the curricula and then in alphabetical order.

Sign of the Cross - Mt. 28:19 (Pre-K)
In the name of the Father, and the Son, and the Holy Spirit. Amen.
CCC 233

Grace Before Meals - Jn 6:11 (Pre-K)
(Acts 27:25 - The Lord prayed at meals)
Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ our Lord. Amen.
CCC 2698 2834

Prayer to the Guardian Angel (Pre-K)
Angel of God, my guardian dear, to whom God's love commits me here; ever this day be at my side, to light and guard, to rule and guide.

Morning Prayer (Pre-K)
God, our Father, I offer you today all that I think and do and say. I offer it with what was done on earth by Jesus Christ, Your Son. Amen.
CCC 2698

Night Prayer (Pre-K)
Now I lay me down to sleep, I pray to the Lord my soul to keep. If I die before I wake, I pray to the Lord my soul to take. Amen.

Simple Prayers (Pre-K)
Jesus, I love you.
Thank You, God.
God, how great You are.
CCC 2637-2639

Our Father - Mt 6:9-13 (Kindergarten)
Our Father,
Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.
CCC 2759, 2761, 2777-2865

Hail Mary - Lk. 1:28,42 (Kindergarten)
Hail Mary, full of grace! the Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.
CCC 2676-2677

Glory Be (First Grade)
Glory be the to Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.
CCC 2628

Prayer to Michael, the Archangel (First Grade)
Michael, the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O prince of the heavenly host, by the power of God, cast into hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

Responses to Prayers at Mass (First Grade)
Refer to Parish Worship Guide (Missalette)

Prayer Before Reconciliation (Second Grade)
Come Holy Spirit,
give me Your light to see my sins,
and give me Your help to be sorry for them.
Show me why I sinned.
Help me never again to sin on purpose.

Act of Contrition #1 (Second Grade)
My God,
I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.
CCC 1451

Act of Contrition #2 (Second Grade)

Oh My God, I am heartily sorry for having offended thee, and I detest all my sins, because of Thy just punishments, but most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin. Amen.

Prayer After Reconciliation (Second Grade)

My Jesus, I thank You for washing away my sins in Your Precious Blood. Help me to accept my cross each day and not to hurt You or others. I love You with my whole heart and soul.

Apostles Creed (Third Grade)

I believe in God the Father almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell; on the third day He rose again from the dead. He ascended into heaven, sits at the right hand of God, the Father almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

CCC pp. 49-50

Prayer of the Holy Spirit (Third Grade)

Come, Holy Spirit, fill the hearts of Your faithful, and kindle in them the fire of Your love. Send forth Your Spirit and they shall be created, and You shall renew the face of the earth. Let us pray. O God, who did instruct the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of that same Spirit, we may be truly wise and ever rejoice in His consolation. Through Christ our Lord. Amen.

CCC 2671

Nicene Creed (Third Grade)

We believe in one God, the Father, the Almighty, maker of heaven and earth, and of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through Him all things were made. For us men and for our salvation, He came down from Heaven; (it is appropriate to bow at this point) by the power of the Holy Spirit He was born of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate; He suffered, died, and was buried. On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

CCC pp. 49-50

Grace After Meals (Third Grade)

We give You thanks, almighty God, for all Your benefits. Who lives and reigns now and forever. Amen.

V. May the Lord grant us His peace.

R. And life everlasting. Amen.

CCC 2698

Prayer Before Eucharist (Third Grade)

O my God, I firmly believe that you are truly present in the Holy Eucharist. I confess that I am a poor sinner and am not worthy to receive you. But you just say a word and my soul shall be healed, and then I can receive you into my soul. I am sorry for all my sins, because they have offended you and I resolve never to commit them again. Lord, have mercy and forgive me. Lord, I desire to receive you with my whole heart; come into my poor soul and make my heart your abode. Amen

CCC 1385

Prayer After Eucharist (Third Grade)

Lord Jesus, I believe that I have received your body and blood. I adore you. I praise you. I thank you. I love you. Thank you for giving yourself to me. Now I give myself to you – every part of my body that I may always love you and live for you. Amen

CCC2637,1360

Prayer to Know One's Vocation (Fourth Grade)

Lord Jesus, up until now you have been quietly preparing me to be your disciple. Now the time of preparation is ending. I seem to hear you say to me as once to Peter: "Will you also go away?" You were saddened then by friends who failed you. But Peter did not fail. "Lord," he said, "to whom shall we go? You have the words of eternal life."

I stand with Peter. Through prayer and counsel, show me, Lord, where it is in your vineyard that you want me to serve. Then give me strength to be faithful.

Mary, Mother and Model, help me to respond in generous love to the call of your divine Son. Amen.

CCC 1603-04, 1583,1907

Morning Offering (Fourth Grade)

O Jesus, through the Immaculate Heart of Mary, I offer my prayers, works, joys and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart: the salvation of souls, reparation of sins, the reunion of all Christians. I offer them for the intentions of our Bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.

The Rosary (Fourth Grade)

The Rosary is a meditative prayer. It consists of a series of beads on which we pray traditional prayers such as the Creed, Our Father, Hail Mary and Glory Be while we think about special events in the life of Jesus and Mary.

Begin praying the rosary with the cross. Pray the Sign of the Cross and the Apostles Creed. On the first bead pray one Our Father, on the next three beads a Hail Mary each and on the following bead one Glory Be to the Father.

Begin the first decade with the medal, say one Our Father and then 10 Hail Mary's on the row of beads following it. After the decade pray one Glory Be to the Father. Continue the remaining decades with an Our Father on each single bead and then Hail Mary's on each row of beads. Conclude each decade with a Glory Be to the Father. As you pray each decade, think of one of the Joyful, Luminous, Sorrowful or Glorious Mysteries.

The Five Joyful Mysteries

Monday and Saturday

1. The Annunciation
2. The Visitation
3. The Birth of Jesus or Nativity
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

The Five Sorrowful Mysteries

Tuesday and Friday

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

The Five Glorious Mysteries

Wednesday and Sunday

1. The Resurrection
2. The Ascension
3. Descent of Holy Spirit upon Apostles
4. The Assumption of Mary into Heaven
5. The Crowning of Mary in Heaven

The Five Luminous Mysteries

Thursday

1. The Baptism of the Lord
2. The Wedding at Cana
3. Proclamation of the Kingdom of God and Call to Conversion
4. The Transfiguration
5. The Institution of the Eucharist

Pray the *Hail Holy Queen* to finish the Rosary

Hail Holy Queen (Fourth Grade)

Hail, Holy Queen, Mother of Mercy; hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve! To thee do we send up our sighs, mourning and weeping in this valley of tears! Turn then, most gracious Advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus! O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

CCC 2677

Fatima Prayer (Fourth Grade)

O my Jesus forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those in most need of thy mercy.

Memorare (Fifth Grade)

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Act of Faith (Fifth Grade)

O my God, I firmly believe that You are one God in three Persons: Father, Son, and Holy Spirit. I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because You have revealed them. In this faith I desire to live and die. Amen.

Prayer for the Faithful Departed (Fifth Grade)

Eternal Rest grant unto them, O Lord, and let Perpetual Light shine upon them. May the souls of the faithful departed, though the mercy of God, rest in peace. Amen.

CCC 958

Chaplet of Divine Mercy (Fifth Grade)

In the 1930s The Lord appeared to St. Faustina and revealed to her a message of mercy that she was to spread throughout the world. The Lord revealed special ways to live out the response to His mercy – one of which is the Chaplet of Divine Mercy, as both a novena and a prayer for the three o'clock hour – the hour of His death. The Chaplet of Mercy is recited using ordinary rosary beads of five decades. Begin with the *Our Father, Hail Mary and the Apostle's Creed*. Then, on the large bead before each decade:

Eternal Father, I offer you the Body and Blood Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins And those of the whole world.

On the ten small bead of each decade, say:

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Conclude with (Say 3 Times)

Holy God,
Holy Mighty One,
Holy Immortal One,
Have mercy on us
and on the whole world.

CCC 1422,1829

The Angelus (Sixth Grade)

V: The Angel of the Lord declared unto Mary,
R: and she conceived of the Holy Spirit.

Hail Mary...

V: Behold the handmaid of the Lord.

R: Be it done unto me according to Thy word.

Hail Mary...

V: And the Word was made flesh (bow or genuflect here)

R: And dwelt among us.

Hail Mary...

V: Pray for us, O holy Mother of God.

R: That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His passion and cross be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

Act of Hope (Sixth Grade)
O my God, trusting in Your promises and in infinite merits of Jesus Christ, our Redeemer, I hope for the pardon of my sins and the graces I need to serve You faithfully on earth, and to obtain eternal life in heaven. Amen.

The Divine Praises (Sixth Grade)
Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His most Sacred Heart.
Blessed be His most Precious Blood.
Blessed be Jesus in the most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His saints.

Prayer of St. Francis (Sixth Grade)
Lord, make me an instrument of your peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O Divine Master,
grant that I may not seek
so much to be consoled as to console;
to be understood and to understand;
to be loved as to love.
For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life.
Amen.
CCC 2683, 2684, 2692

Act of Love (Seventh Grade)
O my God, I love You above all things with my whole heart and soul, because You are infinitely good and deserving of all my love. I love my neighbor as myself for love of You. Amen.
CCC 2656-2658

An Examination of Conscience (Seventh Grade)
Make a brief examination of conscience before going to rest at night. Two or three minutes are enough. Follow these steps:

Humble yourself - in the presence of God.
Tell Him: "Lord, if you will, you can make me clean."

Ask for light - to acknowledge your defects and virtues, and to see the dangers and good occasions surrounding you. Ask for repentance, amendment & encouragement.
Examine - your conscience briefly on these points:

What have I done wrong? Against, God, to my neighbor, to myself?
What have I done right?
What could I have done better?

Sorrow - Ask our Lord's pardon. Tell Him: "A contrite and humble heart, O God, you will not despise" or "Lord, you know all things, you know that I love you."
You may say the *Act of Contrition* or *Psalm 50*.

Resolution - make a specific resolution for tomorrow: Avoid some specific faults. Staying away from certain temptations. Exerting special effort to practice some virtue. Taking advantage of occasions for improvement.

The Way of the Cross (Stations) (Seventh Grade)
The Way of the Cross commemorates the passion, death and resurrection of our Lord, Jesus Christ.

1. Jesus is condemned to death.
2. Jesus bears His cross.
3. Jesus falls the first time.
4. Jesus meets His Mother.
5. Jesus is helped by Simon.
6. Veronica wipes the face of Jesus.
7. Jesus falls the second time.
8. Jesus speaks to the women.
9. Jesus falls the third time.
10. Jesus is stripped of His garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.

CCC 2669

Regina Coeli (Seventh Grade)

Queen of Heaven, rejoice! Alleluia:
For He whom you merited to bear, Alleluia,
Has risen, as He said, Alleluia.
Pray for us to God, Alleluia.

V: Rejoice and be glad, O Virgin
Mary, Alleluia.

R: Because the Lord is truly risen,
Alleluia.

Let us pray. O God, who by the resurrection of
your Son, our Lord Jesus Christ, granted joy to
the whole world: grant, we beg You, that through
the intercession of the Virgin Mary, His Mother,
we may lay hold of the joys of eternal life.
Through the same Christ our Lord. Amen.

Anima Christi (Seventh Grade)

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds, hide me.
Suffer me not, to be separated from you.
From the malignant enemy, defend me.
At the hour of my death, call me,
And bid me to come to you,
That with your saints I may praise you
for all eternity. Amen

Canticle of Simeon (Nunc Dimittis) (Eighth Grade)

Lord, now you let your servant go in peace;
your word has been fulfilled:
my own eyes have seen the salvation
which you have prepared in the sight of every
people: a light to reveal you to the nations
and the glory of your people Israel.

Luke 2:29-32
CCC 529, 695, 725

Canticle of Zechariah (Benedictus) (Eighth Grade)

Blessed be the Lord, the God of Israel; He has
come to his people and set them free. He has
raised up for us a mighty savior, born of the
house of his servant David. Through His holy
prophets He promised of old that He would save
us from our enemies, from the hands of all who
hate us. He promised to show mercy to our
fathers and to remember His holy covenant.

This was the oath He swore to our father
Abraham: to set us free from the hands of our
enemies, free to worship Him without fear, holy
and righteous in His sight all the days of our life.

You, my child shall be called the prophet of
The Most High, for you will go before the Lord
to prepare His way, to give His people knowledge
of salvation by the forgiveness of their sins. In
the tender compassion of our Lord the dawn from
on high will break upon us, to shine on those who
dwell in darkness and the shadow of death, and to
guide our feet into the way of peace. Glory be to
the Father....

Luke 1:68-79
CCC 709,710

Canticle of Mary (Magnificat) (Eighth Grade)

My soul proclaims the greatness of the Lord and
my spirit rejoices in God my Savior; for he has
looked with favor on his lowly servant, and from
this day all generations will call me blessed. The
Almighty has done great things for me; holy is
His Name. He has mercy on those who fear Him
in every generation. He has shown the strength
of his arm, He has scattered the proud in the
conceit of their heart. He has cast down the
mighty from their thrones, and has lifted up the
lowly. He has filled the hungry with good things,
and sent the rich away empty-handed. He has
come to the help of his servant Israel for he
remembered his promise of mercy, the promise he
made to our fathers, to Abraham and His children
forever. Amen.

Luke 1:46-55
CCC 722, 2619

Prayers are presented in alphabetical order.

Acts of Contrition #1 (Second Grade)

My God,
I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

CCC 1451

Act of Contrition #2 (Second Grade)

Oh My God, I am heartily sorry for having offended thee, and I detest all my sins, because of Thy just punishments, but most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin. Amen.

Act of Faith (Fifth Grade)

O my God, I firmly believe that You are one God in three Persons: Father, Son, and Holy Spirit. I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because You have revealed them. In this faith I desire to live and die. Amen.

Act of Hope (Sixth Grade)

O my God, trusting in Your promises and in infinite merits of Jesus Christ, our Redeemer, I hope for the pardon of my sins and the graces I need to serve You faithfully on earth, and to obtain eternal life in heaven. Amen.

Act of Love (Seventh Grade)

O my God, I love You above all things with my whole heart and soul, because You are infinitely good and deserving of all my love. I love my neighbor as myself for love of You. Amen.

CCC 2656-2658

An Examination of Conscience (Seventh Grade)

Make a brief examination of conscience before going to rest at night. Two or three minutes are enough. Follow these steps:

Humble yourself - in the presence of God.

Tell Him: "Lord, if you will, you can make me clean."

Ask for light - to acknowledge your defects and virtues, and to see the dangers and good occasions surrounding you. Ask for repentance, amendment & encouragement.

Examine - your conscience briefly on these points:

What have I done wrong? Against, God, to my neighbor, to myself?

What have I done right?

What could I have done better?

Sorrow - Ask our Lord's pardon. Tell Him: "A contrite and humble heart, O God, you will not despise" or "Lord, you know all things, you know that I love you."

You may say the *Act of Contrition* or *Psalm 50*.

Resolution - make a specific resolution for tomorrow: Avoid some specific faults.
Staying away from certain temptations.
Exerting special effort to practice some virtue.
Taking advantage of occasions for improvement.

Angelus (Sixth Grade)

V: The Angel of the Lord declared unto Mary,
R: and she conceived of the Holy Spirit.

Hail Mary...

V: Behold the handmaid of the Lord.

R: Be it done unto me according to Thy word.

Hail Mary...

V: And the Word was made flesh (bow or genuflect here)

R: And dwelt among us.

Hail Mary...

V: Pray for us, O holy Mother of God.

R: That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His passion and cross be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

Anima Christi (Seventh Grade)

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds, hide me.

Suffer me not, to be separated from you.

From the malignant enemy, defend me.

At the hour of my death, call me,

And bid me to come to you,

That with your saints I may praise you

for all eternity. Amen.

Apostles Creed (Third Grade)

I believe in God the Father almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell; on the third day He rose again from the dead. He ascended into heaven, sits at the right hand of God, the Father almighty. From there He shall come to judge the

living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

CCC pp. 49-50

Canticle of Mary (Magnificat) (Eighth Grade)

My soul proclaims the greatness of the Lord and my spirit rejoices in God my Savior; for he has looked with favor on his lowly servant, and from this day all generations will call me blessed. The Almighty has done great things for me; holy is His Name. He has mercy on those who fear Him in every generation. He has shown the strength of his arm, He has scattered the proud in the conceit of their heart. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and sent the rich away empty-handed. He has come to the help of his servant Israel for he remembered his promise of mercy, the promise he made to our fathers, to Abraham and His children forever. Amen.

Luke 1:46-55, CCC 2619

Canticle of Simeon (Nunc Dimittis) (Eighth Grade)

Lord, now you let your servant go in peace;
your word has been fulfilled:

my own eyes have seen the salvation
which you have prepared in the sight of every
people: a light to reveal you to the nations
and the glory of your people Israel.

Luke 2:29-32

Canticle of Zechariah (Benedictus) (Eighth Grade)

Blessed be the Lord, the God of Israel; He has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David. Through His holy prophets He promised of old that He would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember His holy covenant.

This was the oath He swore to our father Abraham: to set us free from the hands of our enemies, free to worship Him without fear, holy and righteous in His sight all the days of our life.

You, my child shall be called the prophet of The Most High, for you will go before the Lord to prepare His way, to give His people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our Lord the dawn from on high will break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace. Glory be to the Father. . . .

Luke 1:68-79

CCC 709,710

Chaplet of Divine Mercy (Fifth Grade)

In the 1930s The Lord appeared to St. Faustina and revealed to her a message of mercy that she was to spread throughout the world. The Lord revealed special ways to live out the response to His mercy – one of which is the Chaplet of Divine Mercy, as both a novena and a prayer for the three o'clock hour – the hour of His death. The Chaplet of Mercy is recited using ordinary rosary beads of five decades. Begin with the *Our Father, the Hail Mary and the Apostle's Creed*.

Then, on the large bead before each decade:

Eternal Father,
I offer you the Body and Blood
Soul and Divinity of Your Dearly Beloved Son,
Our Lord, Jesus Christ,
In atonement for our sins
And those of the whole world.

On the ten small bead of each decade, say:

For the sake of His sorrowful Passion,
have mercy on us and on the whole world.

Conclude with (Say 3 Times)

Holy God,
Holy Mighty One,
Holy Immortal One,
Have mercy on us
and on the whole world.

CCC 1422,1829

Divine Praises (Sixth Grade)

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His most Sacred Heart.
Blessed be His most Precious Blood.
Blessed be Jesus in the most Holy Sacrament of
the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most
holy.
Blessed be her holy and immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and
Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His saints.

Fatima Prayer (Fourth Grade)

O my Jesus forgive us our sins, save us from the
fires of hell, lead all souls to heaven, especially
those in most need of thy mercy.

Glory Be (First Grade)

Glory be to the Father, and to the Son, and to
the Holy Spirit. As it was in the beginning, is
now, and ever shall be, world without end.
Amen.

CCC 2628

Grace Before Meals - Jn 6:11 (Pre-K)

(Acts 27:25 - The Lord prayed at meals)
Bless us, O Lord, and these thy gifts which we
are about to receive from thy bounty, through
Christ our Lord. Amen.

CCC 2698

Grace After Meals (Third Grade)

We give You thanks, almighty God, for all
Your benefits. Who lives and reigns now
and forever. Amen.

V. May the Lord grant us His peace.

R. And life everlasting. Amen.

CCC 2698

Hail Mary - Lk. 1:28,42 (Kindergarten)

Hail Mary, full of grace! the Lord is with thee;
blessed are thou among women, and blessed is
the fruit of thy womb, Jesus. Holy Mary,
Mother of God, pray for us sinners, now and at
the hour of our death. Amen.

CCC 2676-2677

Memorare (Fifth Grade)

Remember, O most gracious Virgin Mary, that
never was it known that anyone who fled to thy
protection, implored thy help, or sought thy
intercession was left unaided. Inspired with this
confidence, I fly to thee, O Virgin of virgins, my
Mother. To thee do I come, before thee I stand,
sinful and sorrowful. O Mother of the Word
Incarnate, despise not my petitions, but in thy
mercy hear and answer me. Amen.

Morning Offering (Fourth Grade)

O Jesus, through the Immaculate Heart of Mary, I offer my prayers, works, joys and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart: the salvation of souls, reparation of sins, the reunion of all Christians. I offer them for the intentions of our Bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.

Morning Prayer (Pre-K)

God, our Father, I offer you today all that I think and do and say. I offer it with what was done on earth by Jesus Christ, Your Son. Amen.

CCC 2698

Nicene Creed (Third Grade)

We believe in one God, the Father, the Almighty, maker of heaven and earth, and of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father.

Through Him all things were made. For us men and for our salvation, He came down from Heaven; (it is appropriate to bow at this point) by the power of the Holy Spirit He was born of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate; He suffered, died, and was buried.

On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

CCC pp. 49-50

Night Prayer (Pre-K)

Now I lay me down to sleep, I pray to the Lord my soul to keep. If I die before I wake, I pray to the Lord my soul to take. Amen.

Our Father (Kindergarten)

Our Father,
Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

CCC 2759, 2761, 2777-2865

Mt 6:9-13

Prayer Before Reconciliation (Second Grade)

Come Holy Spirit,
give me Your light to see my sins,
and give me Your help to be sorry for them.
Show me why I sinned.
Help me never again to sin on purpose. Amen

Prayer After Reconciliation (Second Grade)

My Jesus, I thank You for washing away my sins in Your Precious Blood. Help me to accept my cross each day and not to hurt You or others. I love You with my whole heart and soul. Amen

Prayer Before Eucharist (Third Grade)

O my God, I firmly believe that you are truly present in the Holy Eucharist. I confess that I am a poor sinner and am not worthy to receive you. But you just say a word and my soul shall be healed, and then I can receive you into my soul. I am sorry for all my sins, because they have offended you and I resolve never to commit them again. Lord, have mercy and forgive me. Lord, I desire to receive you with my whole heart; come into my poor soul and make my heart your abode. Amen

CCC 1385

Prayer After Eucharist (Third Grade)

Lord Jesus, I believe that I have received your body and blood. I adore you. I praise you. I thank you. I love you. Thank you for giving yourself to me. Now I give myself to you – every part of my body that it may always love you and live for you. Amen

CCC 2637, 1360

Prayer for the Faithful Departed (Fifth Grade)

Eternal Rest grant unto them, O Lord, and let Perpetual Light shine upon them. May the souls of the faithful departed, though the mercy of God, rest in peace. Amen.

CCC 958

Prayer of St. Francis (Sixth Grade)

Lord,
make me an instrument of your peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light; and
where there is sadness, joy.
O Divine Master,
grant that I may not seek
so much to be consoled
as to console;
to be understood
as to understand;
to be loved
as to love.
For it is in giving
that we receive;
it is in pardoning
that we are pardoned;
and it is in dying
that we are born to eternal life. Amen.

CCC 2683, 2684, 2692

Prayer of the Holy Spirit (Third Grade)

Come, Holy Spirit, fill the hearts of Your faithful, and kindle in them the fire of Your love. Send forth Your Spirit and they shall be created, and You shall renew the face of the earth. Let us pray. O God, who did instruct the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of that same Spirit, we may be truly wise and ever rejoice in His consolation. Through Christ our Lord. Amen.

CCC 2671

Prayer to Know One's Vocation (Fourth Grade)

Lord Jesus, up until now you have been quietly preparing me to be your disciple. Now the time of preparation is ending. I seem to hear you say to me as once to Peter: "Will you also go away?" You were saddened then by friends who failed you. But Peter did not fail. "Lord," he said, "to whom shall we go? You have the words of eternal life."

I stand with Peter. Through prayer and counsel, show me, Lord, where it is in your vineyard that you want me to serve. Then give me strength to be faithful.

Mary, Mother and Model, help me to respond in generous love to the call of your divine Son. Amen.

CCC 1603-04, 1583,1907

Prayer to Michael, the Archangel (First Grade)

Michael, the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O prince of the heavenly host, by the power of God, cast into hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

Prayer to the Guardian Angel (Pre-K)

Angel of God, my guardian dear, to whom God's love commits me here; ever this day be at my side, to light and guard, to rule and guide.

Regina Coeli (Seventh Grade)

Queen of Heaven, rejoice! Alleluia:
For He whom you merited to bear, Alleluia,
Has risen, as He said, Alleluia.
Pray for us to God, Alleluia.

V: Rejoice and be glad, O Virgin Mary, Alleluia.

R: Because the Lord is truly risen, Alleluia.

Let us pray. O God, who by the resurrection of your Son, our Lord Jesus Christ, granted joy to the whole world: grant, we beg You, that through the intercession of the Virgin Mary, His Mother, we may lay hold of the joys of eternal life. Through the same Christ our Lord. Amen.

Responses to Prayers at Mass (First Grade)
Refer to Parish Worship Guide (Missalette)

The Rosary (Fourth Grade)

The Rosary is a meditative prayer. It consists of a series of beads on which we pray traditional prayers such as the Creed, Our Father, Hail Mary and Glory Be while we think about special events in the life of Jesus and Mary.

Begin praying the rosary with the cross. Pray the Sign of the Cross and the Apostles Creed. On the first bead pray one Our Father, on the next three beads a Hail Mary each and on the following bead one Glory Be to the Father.

Begin the first decade with the medal, say one Our Father and then 10 Hail Mary's on the row of beads following it. After the decade pray one Glory Be to the Father. Continue the remaining decades with an Our Father on each single bead and then Hail Mary's on each row of beads. Conclude each decade with a Glory Be to the Father. As you pray each decade, think of one of the Joyful, Luminous, Sorrowful or Glorious Mysteries.

Five Joyful Mysteries

Monday and Saturday

1. The Annunciation
2. The Visitation
3. The Birth of Jesus or Nativity
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

Five Sorrowful Mysteries

Tuesday and Friday

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

Five Glorious Mysteries

Wednesday and Sunday

1. The Resurrection
2. The Ascension
3. Descent of Holy Spirit upon Apostles
4. The Assumption of Mary into Heaven
5. The Crowning of Mary in Heaven

Five Luminous Mysteries

Thursday

1. The Baptism of the Lord
2. The Wedding at Cana
3. Proclamation of the Kingdom of God and Call to Conversion
4. The Transfiguration
5. The Institution of the Eucharist

Pray the *Hail Holy Queen* to finish the Rosary

Hail, Holy Queen, Mother of Mercy; hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve! To thee do we send up our sighs, mourning and weeping in this valley of tears! Turn then, most gracious Advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus! O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

CCC 2677

Sign of the Cross - Mt. 28:19 (Pre-K)

In the name of the Father, and the Son, and the Holy Spirit. Amen.

CCC 233

Simple Prayers (Pre-K)

Jesus, I love you.
Thank You, God.
God, how great You are.

CCC 2637-2639

Way of the Cross (Stations) (Seventh Grade)

The Way of the Cross commemorates the passion, death and resurrection of our Lord, Jesus Christ.

1. Jesus is condemned to death.
2. Jesus bears His cross.
3. Jesus falls the first time.
4. Jesus meets His Mother.
5. Jesus is helped by Simon.
6. Veronica wipes the face of Jesus.
7. Jesus falls the second time.
8. Jesus speaks to the women.
9. Jesus falls the third time.
10. Jesus is stripped of His garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.

CCC 2669